



WomanView

Summer, 2015

*The Newsletter of the Section for the Advancement of Women
Society of Counseling Psychology (Div 17)
American Psychological Association
Yu-ting Su, Editor*

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Notes from SAW Chair

Debra Mollen, Ph.D.



Welcome to our special convention-themed SAW newsletter! If you're planning to attend convention this year, this issue is for you. In addition to a list of recent publications and professional accomplishments by

SAW members, you'll find programming highlights that feature the work of SAW students and psychologists and tips from seasoned psychologists about how you can best navigate convention without getting overwhelmed.

Whether you are a student or an early-, mid-, or seasoned career psychologist, we hope you'll include SAW-sponsored events in your plans for Toronto. I'd like to highlight just a couple of events and meetings where we hope to see you. First, Dr. Laurel Watson and I are co-chairing a roundtable event as part of Division 17 programming, entitled "**A Mentorship Event for Women Interested in Academia**," to be held on Thursday, August 6th from 3:00-3:50PM at the Convention Centre, 105

Constitution Hall. We are so excited to announce that our esteemed colleagues Drs. Sharon Bowman, Amber Hewitt, Tania Israel, Julia Phillips, and Susan Whiston have graciously agreed to serve as our mentors for this event. If you are or aspire to be an academic feminist counseling psychologist, we invite you to join us. Bring your questions, concerns, and curiosities for our colleagues to address.

We also hope to see you at **the Division 17 Social Hour** on Thursday from 5:00-6:00PM in the Fairmount Royal York Hotel Ballroom, where you will find posters showcasing three graduate students' research related to our section's mission to support the advancement of women. Be sure to stop by and lend your support and enthusiasm to these students and look at the great work they have done:

- Rae Anne M. Frey, University of Wisconsin-Madison. Re-Writing the Veteran Narrative: Women Survivors of Military Sexual Trauma, Unbroken
- Brittany D. Goter and Debra Mollen, Texas Women's University. Body Image in Women: The Influence of Age, Perceived Attractiveness, and Romantic Partners
- Lauren M. Petrillo and Brian P. Cole, Seton Hall University. Attitudes on Mate Selection in Female Psychology and Counseling Graduate Students

Of course, we especially hope to see you for our **annual SAW Champagne Breakfast, Business Meeting, and Woman of the Year address**, all of which will occur on Friday, August 7th beginning at 8:00AM in the Northern Lights Ballroom at the Renaissance Toronto Downtown Hotel. Learn about special projects, recent award winners, newly-elected officers, and all the latest happenings of our section in the business meeting. This year,

we'll be seeking donations in support of our student-related funds such as the Student Research Award, SAW Student of the Year Award, and possibly even a Student Travel Fund to help support the expense of traveling to convention so if you're able to give, please plan to bring cash or a check payable to SAW. No amount is too small and every gesture of support is appreciated. We're really excited to honor Dr. Bianca Bernstein, the 2014 SAW Woman of the Year, and to hear her address, entitled "Doors, Detours, and Bridges: A Herstory," which promises to inform and inspire us.

There has been so much happening lately that I'd like to close by acknowledging both the tremendous pain and injustices we've witnessed—from widespread attention to continued racist acts of police brutality to the heartbreak and outrage over the Charleston massacre—and the tremendous wins for justice in the realms of marriage equality and the preservation of national healthcare. I'm grateful to each of you who remains committed to combating oppression and doing your part to continue to advance healing and justice in repairing the world. Finally, as Audre Lorde noted, "When we speak, we are afraid our words will not be heard or welcomed. But when we are silent, we are still afraid. So it is better to speak." We hope you'll continue to make your voices heard.

See you in Toronto,

-Debra Mollen, Chair

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Sage Suggestions for Navigating the APA Convention

We asked some of eminent SAW members for their best advice for how all of us—especially first-time attendees, students, and early career psychologists—can help ensure a wonderful time in Toronto. Here are their answers!

Answer: Is the size of APA convention—the number of people and programs—a bit overwhelming? My guess is if you are a student or ECP, you might be feeling a bit intimidated and a little concerned about how you figure out what's what. One way to make the APA convention feel smaller is to get the schedule for the Division 17 Hospitality Space—it will be posted on the SCP website. Each of the Sections (including the Section for the Advancement of Women) holds open meetings in the SCP Hospitality Space in the Renaissance Toronto Downtown Hotel at One Blue Jays Way.

First, be sure to join SAW for its Champagne Breakfast and Woman of the Year Talk on Friday, August 7th from 8-11AM. Also review the Hospitality Space schedule and see which other Sections besides SAW appeal to you. Plan to attend those Sections' open meetings, too. Most of the Sections' open meetings provide time for folks to get to know each other. Circulate and introduce yourself to people you don't know and tell them a little about yourself (e.g., you just finished your comprehensive exams and you are so relieved even though you don't know the results yet, you are a brand new aunt, you're heading out

on internship and you are a bit anxious about how the transition will go, you are preparing to teach a new course in the fall, your partner and you are planning vacation after convention in northern Ontario).

If you are a student, be sure to attend the SAS meetings—there you will meet students from other counseling psychology programs and create friendships across programs. And if you are an ECP, be sure to attend the social hour sponsored by the SCP ECP Committee.

Besides taking full advantage of the smaller meetings in SCP Hospitality Space, be sure to attend the New Fellows Addresses (this is one of my favorite events at APA convention each year and I do everything in my power not to miss it) on Friday from 4-6PM in Convention Center Room 146A. And of course, it is always important to save time at convention to share a meal with friends, reconnecting and laughing together.

The best way to enjoy the convention is by engaging as deeply as possible. Risk putting yourself out there: ask questions during the Q & A time at presentations; be yourself: don't be afraid to share your authentic self when meeting people; and open your mind to all kinds of new learning and experiences.

Linda Forrest, Ph.D.



Answer: Find the social hours! They are a great place to network and meet up with friends. Plan to attend the Division 17 Business Meeting and the Fellows talk. Then find the section events you want to join, as sections will provide smaller gatherings where you can really meet people who share your interests. For example, the SAW Champagne Breakfast

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and Business Meeting is always a highlight of Convention for me. And don't be shy. Introduce yourself. Once you know a few people, Convention won't seem as big or intimidating.

Elizabeth Nutt Williams, Ph.D.

I think one of the most important things to keep in mind is simply recognizing that you will not be able to attend everything of interest. APA is very fast-paced and feels rather chaotic; there is always so much to do, so many people to see, and potential places to explore in a city. Coming to terms with this early on can help alleviate some stress. Select presentations that most interest you and/or may feel most interesting or relevant to your goals (e.g., research agenda, practice, etc.). I think it's also important to have a realistic understanding of your personal style. Are you someone who enjoys being on the go and taking in a lot of information? Or, do you need some down time—time to be by yourself, rejuvenate, or mull on the information you've received? Being able to identify and accept your personal style will help avoid feelings of being overwhelmed. In addition, APA can be a time to reconnect with friends and colleagues, so if this is something that you value, I would encourage building in time for this. Simply checking in with yourself and asking yourself what you need or would like to do can be very helpful. And last, but not least: wear comfortable shoes and have fun!

Laurel B. Watson, Ph.D.

SAW Presentations in APA

(Please note that these presentations are listed in chronological order.)

Name: Lindsey W. Sherd

Co-Author: Krista Robbins, Michael S. Butchko, M. Meghan Davidson, Sarah J. Gervais

Session Title: 1189 [Multiculturalism and Diversity, Violence and Trauma, and Gender Studies](#)

The Mediating Role of Perceived Safety on Stranger Harassment and Anxiety among College Women

Session Type: Poster Session

Date: Thu 08/06 12:00PM - 12:50PM

Division/Sponsor: 35-Psychology of Women; Co-List: 1, 7, 45, 52

Building/Room: Convention Centre/Exhibit Halls D and E South Building-Level 800

Name: Dena M. Abbott and Jeff E. Harris

Session Title: 1189 [Multiculturalism and Diversity, Violence and Trauma, and Gender Studies](#)

The Impact of Religious Commitment on Women's Sexual Self-Esteem [Poster# (M-5)]

Session Type: Poster Session

Date: Thu 08/06 12:00PM - 12:50PM

Division/Sponsor: 35-Psychology of Women; Co-List: 1, 7, 45, 52

Building/Room: Convention Centre/Exhibit Halls D and E South Building-Level 800

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Name: Laurel B. Watson and Debra Mollen

Session Title: 1320 **Critical Issues in Counseling Psychology – SCP Section Roundtables**

A Mentorship Event for Women Interested in Academia

Mentors: Sharon Bowman, Amber Hewitt, Tania Israel, Julia Phillips, and Susan Whiston,

Session Type: Conversation Hour

Date: Thu 08/06 3:00PM - 3:50PM

Division/Sponsor: 17-Counseling

Building/Room: Convention Centre/Constitution Hall 105 North Building-Level 100

Division/Sponsor: 17-Counseling; Co-List: 1, 35

Building/Room: Convention Centre/Room 205C North Building-Level 200

Name: Julie Ancis and Corinne Datchi

Session Title: 2081 **Reducing Disparities in Justice---Interdisciplinary Perspectives**

Abuse, Gender, and Family Courts Incarceration, Racial Disparities, and Families: Systemic Principles for Humane Justice

Session Type: Symposium

Date: Fri 08/07 9:00AM - 9:50AM

Division/Sponsor: 43-Family Psychology; Co-List: 8, 18, 41

Building/Room: Convention Centre/Room 206E North Building-Level 200

Name: M. Meghan Davidson, Nichole Shada, Claire T. Hauser, Krista Robbins, Nicole M. Lozano, Kavitha Dharmalingam, Jihan Najjar, and Elizabeth Nutt Williams

Session Title: 1322 **Turning Needed Attention to Shame---Directions for Science and Practice**

Session Type: Symposium

Date: Thu 08/06 3:00PM - 3:50PM

Division/Sponsor: 17-Counseling; Co-List: 8, 39

Building/Room: Convention Centre/Room 202C North Building-Level 200

Name: Laurel B. Watson and Morgan Grotewiel

Session Title: 3160 **Multicultural, Social Justice, and Advocacy**

The Relationships among Sexist Experiences, Feminist Identity Attitudes, and Self-Silencing in Women [Poster# (E-13)]

Session Type: Poster Session

Date: Sat 08/08 11:00AM - 11:50AM

Division/Sponsor: 17-Counseling

Building/Room: Convention Centre/Exhibit Halls D and E South Building-Level 800

Name: Saba Ali, Debra Mollen, Trisha L Raque-Bogdan, Mary Ann Hoffman, Elizabeth Sauber, Karen M. O'Brien, Soad Mahfouz, Heather Lyons, Adanna Johnson-Evans, Deborah Haskins, Yu-Wei Wang

Session Title: 2068 **Women's Work Issues in International Health and Economic Contexts**

Session Type: Symposium

Date: Fri 08/07 9:00AM - 9:50AM

Name: Corinne C. Datchi

Session Title: 3196 **Fellows Symposium: Culturally Relevant Intervention Models and Challenging the Status Quo**

The Joys and Struggles of Family Psychology in Criminal Justice Systems

Session Type: Symposium

Date: Sat 08/08 11:00AM - 12:50PM

Division/Sponsor: 43-Family Psychology

Building/Room: Convention Centre/Room 204 North Building-Level 200

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Name: Mirella Flores

Co-Author: Laurel B. Watson, Sara Aslan,
Jenna M. Brownfield, Ping Ying Choo,
Michelle Farrell, Morgan Grotewiel

Session Title: 4055 Women's Physical and
Mental Health, Mothering, Body Image,
and Feminist Education and Occupation
An Analysis of Feminists/Womanists Coping
Styles [Poster# (L-12)]

Session Type: Poster Session

Date: Sun 08/09 9:00AM - 9:50AM

Division/Sponsor: 35-Psychology of Women;
Co-List: 1, 17

Building/Room: Convention Centre/Exhibit
Halls D and E South Building-Level 800

Dr. Julie Ancis was elected to Fellow Status in the American Psychological Association (Division 35: Psychology of Women) for her outstanding and unusual contributions with respect to scholarly publications and leadership and impact in the psychology of women. The Awards ceremony will be held in conjunction with the Division 35 business meeting during the APA Convention.

Dr. Linda Forrest recently received the 2015 Arnold Labby Award for Outstanding Contributions to the Advancement of Psychology from the Oregon Psychological Association. The Arnold Labby Award is the association's most prestigious award.

Announcement: Professional Achievements

Please join us in congratulating these SAW members on their outstanding achievements and recent publications!!

Dr. Christopher Lee (AMAC) and Dr. Julie Ancis (OID) are co-PIs at Georgia Tech on a \$3.8 million First in the World Grant from the U.S. Department of Education. The Grant focuses on research and the provision of accessible materials to promote the academic success of students with print-related disabilities in Minority Serving Institutions (MSI's). Dr. Ancis will oversee the research activities of the grant.

Dr. Debra Mollen was among those selected for the 2015-2016 APA Leadership Institute for Women in Psychology. The mission of the APA Leadership Institute for Women in Psychology (LIWP) is to prepare, support, and empower women psychologists as leaders to promote positive changes in institutional, organizational, and practice settings as well as APA governance, and increase the diversity, number and effectiveness of women psychologists as leaders. A major focus of the Institute is to ensure that leadership training opportunities are available for mid-career and senior women psychologists in all of their diversities.

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concerns among sexual minority men.
Journal of Gay & Lesbian Mental Health,
19, 145 - 164. doi:
10.1080/19359705.2014.993229

Recent Publications

Keller, K. H., Mollen, D., & Rosen, L. (2015).
Spiritual maturity as a moderator of the
relationship between Christian
fundamentalism and shame. *Journal of
Psychology and Theology*, 43, 34-46. doi:
0091-6471/410-730

Watson, L. B., Grotewiel, M., Farrell, M.,
Marshik, J., & Schneider, M. (March 2,
2015; online first). Experiences of sexual
objectification, minority stress, and
disordered eating among sexual minority
women. *Psychology of Women Quarterly*.

Watson, L. B., Marszalek, J., Dispenza, F., &
Davids, C. M. (2015). Understanding the
relationships among White and African
American women's sexual objectification
experiences, physical safety anxiety, and
psychological distress. *Sex Roles*, 72, 91 -
104. doi: 10.1007/s11199-014-0444-y

Watson, L. B., & Dispenza, F. (2015). The
relationships among masculine appearance
norm violations, childhood harassment for
gender nonconformity, and body image



<https://www.facebook.com/SawDiv17APA>

Visit the SAW Facebook page for a great way
to meet many like-minded individuals seeking
to address issues related to gender, sexuality,
diversity, and social justice. This page will
keep you up to date on the most current SAW
information. It also provides non-members
with a quick and easy way to join SAW.
Like us on Facebook!

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SAW Membership Application/Renewal

The Section for the Advancement of Women (SAW) is seeking new members. Please pass along this membership form to a friend or colleague who may be interested in joining SAW. This form may also be used to renew your membership in SAW or update your information. Renewals are due in September of each year. If you have not renewed for 2014-2015, now is the time to do so.

There are three categories of membership:

Member: Any Associate, Member, or Fellow of Division 17 who has an interest in the goals of the section (see explanation below) may apply for SAW membership.

Professional Affiliate: Professional affiliates of Division 17, or Fellows or Members of APA who are not members of the Division but have an interest in the goals of SAW may apply for affiliate status.

Student Affiliate: Any student belonging to either Division 17 Student Affiliate Group or APAGS who has an interest in the goals of SAW may apply for student affiliate status.

Annual Dues

Annual dues are based on income:

\$15 ~ Over \$30,000/year \$10 ~ Under \$30,000/year \$5 ~ Student Affiliate

Make check payable to: *Division 17 Section for the Advancement of Women*

Complete the form below and mail with check to: **Laurel Watson, Ph.D., Counseling & Educational Psychology, UMKC School of Education, 615 E. 52nd Street, Kansas City, MO 64110**

NAME _____

ADDRESS _____

WORK PHONE _____ HOME PHONE _____

E-MAIL ADDRESS _____

WORK SETTING AND POSITION _____

CHECK CATEGORY OF MEMBERSHIP FOR THE FOLLOWING:

DESIRED MEMBERSHIP

APA:

Member _____
Fellow _____
Professional Affiliate _____
Student Affiliate _____
Student Affiliate _____

DIVISION 17:

Member _____
Fellow _____
Professional Affiliate _____
Student Affiliate _____
Student Affiliate _____

CATEGORY FOR SAW:

Member _____
Professional Affiliate _____
Student Affiliate _____
Student Affiliate _____

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