

DR. GARGI ROYSIRCAR-SODOWSKY



THE QUINTESSENCE SERIES:
Interdisciplinary and International Work by SCPs

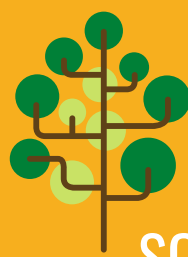
INTERNATIONAL PRESENCE

Dr. Roysircar is well known for her service and research contributions to the field of international mental health. She has worked in the areas of immigrant persons' mental health, disaster trauma work, and critiques of culturally biased psychological assessments.



Publications:

https://www.researchgate.net/profile/Gargi_Roysircar



SOURCE OF MOTIVATION

Dr. Roysircar reflects that she studied international students, Asian Indian immigrants, and cultural consistency of therapy during her doctoral education.

After the 2004 Tsunami in India and the 2010 Haiti earthquake, she expanded her scope and "went global."

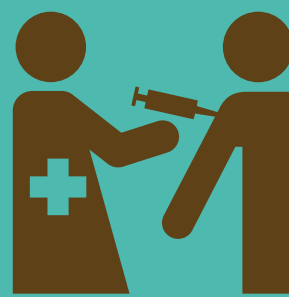
OVERCOMING BARRIERS IN INTERNATIONAL RESEARCH



1. *Publishing international work* - Dr. Roysircar notes that special attention to targeting journals has helped her overcome publishing hurdles.



2. *Funding for graduate student researchers* - Dr. Roysircar relies on different funding sources to meet this challenge.



ROLE AS A PSYCHOLOGIST ON TEAMS

Having collaborated with medical doctors, teachers, translators, priests, government officials, Dr. Roysircar states that "I always think like a psychologist and others appreciate that." She uses her social advocacy values to empower individuals, stakeholders, and communities.

ADVICE FOR GRADUATE STUDENTS



1. Find a mentor/ supervisor who has background in international work.
2. Take the initiative to reach out to program faculty who may be willing to help design and supervise international internships.

LEARNINGS AND IMPACT

"The most impactful event for me was learning to adapt myself to extreme poverty and to come to terms with my own comforts in the U.S."

Dr. Roysircar reflects on her work as promoting individual empowerment and raising collective conscious in communities using a person centered research approach.

