# 117

# Spring 2013 Volume XXXIV, Number 1

#### **Executive Officer Reports**

President	1
President-Elect	3
Past President	4
VP for Diversity and Public Interest.	4
VP for Practice	5
VP for Scientific Affairs	6

#### Candidate Statements

President Elect	8
Treasurer	9
VP Education and Training	10
VP Communications	12
Representative to APA Council	13

#### **Section Reports**

College and University Counseling (	Ctrs. 14
Supervision and Training	15
Advancement of Women	16
International	17
Prevention	18

#### Other Reports/Announcements

Member News	20
Student Affiliates of Seventeen	20
Adoption Research and Practice SIG	22
SIG on Military Issues	22
Early Career Professionals	
Mindfulness Based Approaches	23
Community Engagement Committee	
Program Committee	25
Hospitality for 2013 APA	
Leadership Academy Reflection	28
Announcements	29
Membership Application	33
* **	

#### From the Editor

Articles submitted for publication in the summer issue of the *Society of Counseling Psychology Newsletter* should be approximately 400 words in length. If possible, please use 12 point Times New Roman font. Submissions must be received by the editor no later than May 4, 2013.

Please submit articles electronically as a Word attachment to:

Dawn M. Szymanski, Ph.D. dawnszymanski@msn.com

# President's Report

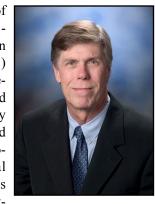
Andy Horne, Ph.D.

If the APA convention is the measure of one year to the next, it can now be said that the first half of the year has been busy. Some very good events have occurred during this time, including productive and engaging work by our committees and other groups. The names of these group leaders and members are not provided here since they are available on the website. I encourage you to review the list of leaders making such important contributions to our Society at <a href="http://www.div17.org/about/governance/">http://www.div17.org/about/governance/</a>, and to consider taking an active part in the work of the Society.

Examples of the efforts thus far this year include:

- The Program Committee has a report in this issue, and as they explain, we had outstanding proposals this year and we are up for excellent presentations at the convention. Thanks to all who submitted a proposal and to the volunteer reviewers who participated in the process.
- The Hospitality Space Committee is planning the events for upcoming convention and they are inviting requests for space usage at the conference.
- The Awards Committee has completed their review of nominees for our awards this year and, as we would expect, exceptional members were nominated and selected, and all who made nominations are appreciated for their time and effort.
- The Fellows Committee has completed the review and recommendations for Fellow status this year and the committee is commended for their wonderful work. The Student Af-

filiates of Seven-teen (SAS) team developed a very refined and professional process for select-



ing the next program to host SAS. Thanks to all who submitted proposals and congratulations to Cleveland State University for being selected as the next host institution.

- chairs invited nominations for candidates and we had a large number of extremely well-qualified nominees to fill a total of ten slots. The LA chairs and instructors conducted the first level of training through online experiences and the candidates completed intensive training at the National Multicultural Conference and Summit. The program continues to be enormously successful in providing leadership facilitation for students and early career members of our Society.
- The well-attended National Multicultural Conference and Summit (NMCS) occurred in January and included engaging presentations along with excellent participation. The NMCS continues to be a powerful event for our students and membership providing enriching continuing education and professional development experiences.

# PRESIDENT'S REPORT (continued)

Andy Horne, Ph.D.



- The Midwinter Executive Board meeting occurred following the NMCS. It was a highly productive meeting and additional information on the meeting will be forthcoming
- The Committee for Counseling Psychology Specialty Renewal prepared the application for continued renewal to CRSPPP and it was submitted for their review.
- The process is underway for selection of the new editor for the SCP Newsletter. Thanks and great appreciation for the excellent work that has been done by Dawn Szymanski – she has made this an informative and engaging news experience. We have valued her exceptional preparation and production of the newsletter and we wish her the best in her future endeavors.

Another area where we have experienced impressive contributions and engagement for the half-year completed includes the presidential special task groups (STG's) that have been addressing the presidential initiative for the year: "Addressing Tomorrow's Needs Today: Promotion, Prevention, and Beyond in Counseling Psychology." Prevention is a major focus of this initiative and one of the STG's is examining the promotion of nonviolence. This STG is producing helpful and relevant information, with the goal of enhancing our prevention efforts in order to stop violence and increase the focus on safer communities - communities where people are treated with respect and dignity, not threat of harm. There is a health STG examining how we as counseling psychologists can promote healthier lifestyles. Another prevention theme is the development of a journal on prevention and the proposal for that has been working its way through APA to get approval. A committee has also been working to develop prevention guidelines for APA and it appears that final approval for the guidelines will be granted - hopefully - by the APA convention in Hawaii. Three other STG teams are examining the role of counseling psychology preparation at the bachelor's, master's, and doctoral levels. They will be reporting their findings and recommendations at the convention.

We have had significant contributions through our membership, committee chairs, and students, and I am most grateful and thankful for the excellent volunteerism that leads to such a positive impact for our Society and for the public society as well. At the same time it is with great sadness that we continue to have so many within our nation and the world who bring pain and suffering to others through their actions. I believe it is imperative that we explore ways of getting our message —

our values and our scholarship – out to the greater public so that our knowledge is for change, not knowledge for the sake of knowledge. An example of how this is happening in some communities is the old fashioned process of letter writing to elected officials AND engaging with the media, particularly newspapers, in providing information that may be influential in changing our cultural norms – promoting understanding and peace in comparison to conflict and discrimination. I have seen this have impact, and in fact, I want to share a brief synopsis of a story that ties in with this.

In our community our college offered a series of four forums for working with educators to address the concerns of their students who are immigrant and undocumented. A state official attended one of our forums and was very angry, insisting what we were doing was a challenge to the state law regarding undocumented immigrants, a law he had contributed to writing and passing. Rather than challenge the law (others were doing that). I met with him four times over six months to discuss why we were engaged as we were. In the discussions I explained first that the students had a right - a legal right - to a public education, documented or not, and that most of my career has focused on working to reduce violence and aggression in schools and families, to create places of respect and safety, and that surely he wanted that for innocent children as well. I remarked at one point that I could not imagine a time when he and other officials would pass a law indicating only some children deserved a safe school and that it was okay to have unsafe circumstances – violence, aggression, bullying – for others. He agreed that could never happen. A year after the initial incident he met with me to say he truly values safe schools...that he does not indorse illegal immigrants, but he wants their children to be afforded the rights of all children, and he has actually taken steps to promote school safety in our schools. We can reach out; we can attempt to influence and change the injustices we see. It is part of our professional values; it must also be part of our professional activity.

May 2013 be a great year for you and your friends and families, and may we move forward in the core values of our Society. I know we have problems and concerns. We are attempting to address these, but we must also take time to reflect on the successes we have experienced in our field. Thanks for being part of the process.

Andy Horne, Ph.D. University of Georgia ahorne@uga.edu

# PRESIDENT ELECT'S REPORT

Sharon L. Bowman, Ph.D., HSPP





I am honored to be President-Elect of SCP. Consider this my public THANK YOU to all who supported me, voted for me, and most important, assured me that I could manage this incredible position. I have been particularly gratified by the support of my own faculty, students and staff over the past few months. My election, and my Presidential term, will definitely be a team effort. I have been referring

to this whole thing as "Mr. Toad's Wild Ride," in reference to the Disney park ride; I plan to embrace this challenge and enjoy every second of this 2-minute ride!

The last six months have really stretched my ability to multitask. The first duty of the President-Elect is to name candidates to a variety of Division committees. Shockingly, not everyone is jumping up and down to take on yet another role in an already busy life. I am indebted to those souls who heard my plea and willingly accepted my request. As my term continues, I anticipate more opportunities to volunteer; I hope you, too, accept my call to assist the Division in its most important work. [If you want to be proactive and volunteer to assist, please feel free to contact me directly.]

The rest of my time has been spent learning my responsibilities as President-Elect; my predecessors Andy Horne, Barry Chung, and Tania Israel have been great models. In addition, I have been thinking about my goals for the 2014 Presidency year. Several years back, someone suggested to me that perhaps each successive President didn't NEED new initiatives; instead, it might be nice to just follow up with some of the previously created ones. One very successful initiative that will continue is Barry's Leadership Academy. We will be identifying the faculty for the 2014 Leadership Academy later this spring; instructions to apply will be available in the coming months.

My own primary initiative is an offshoot of yet another Past President's major project. Many of you will remember Linda Forrest's amazing 2008 SCP International Counseling Psychology Conference (ICPC) in Chicago. We are moving forward with the 2014 SCP Counseling Psychology Conference, currently planned for March 6-9, in Atlanta. In keeping with the ICPC, the 2014 conference is co-sponsored by ACCTA and CCPTP; Mark Leach (representing CCPTP) and I are Co-Chairing the steering committee. The steering committee is working on narrowing the scope of the conference, with a particular focus on issues related to interdisciplinary practice and research. We are also concerned about violence and trauma; from workplace and campus shootings to military trauma, the topic is timely. We are committed to meeting the various needs of graduate students, early career professionals (ECP), and experienced psychologists alike. I am old school when it comes to the use of social media (I like paper and pens), but in deference to the rest of the universe we plan to reach out in that area, too. Get ready for the call for proposals later this year.

Another strong area of interest for me is tied to disaster mental health. As a disaster mental health volunteer for the American Red Cross since 1996, I have the highest respect for anyone who can find time to volunteer in time of need. I am fortunate enough to have the support of my faculty and administration, and my family, when I choose to volunteer. One of my goals as SCP's first Emergency Response Coordinator was to increase the Division's awareness of volunteer opportunities in disaster situations. During my Presidential year, I hope to increase the number of SCP members who are trained to provide disaster mental health services. Disasters, both human-caused and naturally occurring, are not fading away; instead each new one seems bigger and more heart-rending than the last. I look forward to fleshing out this idea in the next year, most likely by creating some sort of "working group" to help promote more training.

To close, I encourage you to get involved with SCP. Join a Section or two, and then offer your services to the leadership of that group. Some of the most exciting work in SCP is bubbling up through our Sections. Reach out and offer a mentoring hand to a student or an ECP. If we can encourage our young members to get involved, we have a fighting chance to KEEP them involved as they progress on their career path.

Sharon L. Bowman, Ph.D., HSPP Ball State University Sharonbowman.4.17@gmail.com

### PAST PRESIDENT'S REPORT

Y. Barry Chung, Ph.D.





As Past-President and Chair of the SCP Nominations and Election Committee, I am excited to announce our candidates for the upcoming election for the Society of Counseling Psychology. This slate has been approved by the Executive Board during its 2013 midwinter meeting in Houston. You will find their candidate statements elsewhere in this newsletter. These statements will also be posted on the APA

elections website. In alphabetical order, here are the candidates for the 2013 SCP elections.

#### President-Elect Dorothy L. Espelage, PhD Michael Mobley, PhD Nancy L. Murdock, PhD

#### Treasurer Stephen W. Cook, PhD Jeffrey S. Hird, PhD Michael J. Scheel, PhD

#### Vice President for Education and Training

Margo A. Jackson, PhD Mark M. Leach, PhD Marie L. Miville, PhD

#### **Vice President for Communications**

Katharine Jo Hahn, PhD Laurie Dawn McCubbin, PhD Ezemenari Marquis Obasi, PhD

#### **APA Council Representative**

Edward Anthony Delgado-Romero, PhD Changming Duan, PhD

I sincerely thank these candidates for accepting the nominations. As you can see, we have a very strong slate, which means our Society will be in good hands. Please do read their candidate statements and cast your votes when the ballot comes in April, 2013. I will update you via the SCP listserv when that time comes. Happy voting.

Y. Barry Chung, Ph.D. Northeastern University y.chung@neu.edu

# VICE PRESIDENT FOR DIVERSITY AND PUBLIC INTEREST

Michele C. Bover. Ph.D.

The start of the year brought many SCP members and colleagues together when we gathered in Houston, TX, for the 2013 National Multicultural Conference and Summit (NMCS) and the SCP Midwinter Executive Board (EB) Meetings.

The theme of the NMCS conference was Transforming Multicultural Psychology: Engagement, Renewal and Action Across Generations. The program contained many informative, provocative, and supportive keynotes, symposia, workshops, difficult dialogues, and round table discussions. What a full and energizing two days we had! Dr. M. Jocelyn Elders, the 15th U.S. Surgeon General provided a keynote address entitled Transforming Our Multicultural Society in the Age of Healthcare Reform. As always, Dr. Elders' refreshing and 'cut to the chase' presentation style provided some cold hard facts about disparities in U.S. health care, particularly among ethni-

cally and culturally diverse populations, that can serve as a 'call to action' for each of us as we go about our professional activities. I found several of her observations to be particularly poignant, namely, that (a) the U.S. stands alone among developed nations in not offering universal health care to its citizens; (b) our system of care is beset by multiple provider, systemic, and patient barriers many of which appear to be a function of cultural insensitivity or cultural incompetence; and (c) the U.S. ranks number one in the world on dollars spend on "sick care" but, as it is currently structured, our "healthcare" system provides inadequate preventive services. In the context of Dr. Elders' remarks, Andy Horne's Presidential Initiative on the importance of prevention in promoting healthy emotional, physical, and moral development as critical to individual and community health takes on extra meaning. So . . . what action

# VICE PRESIDENT FOR DIVERSITY AND PUBLIC INTEREST Michele C. Boyer, Ph.D. (continued)



steps might **you** take as an educator, practitioner, consultant, researcher, or citizen to address these challenges to quality healthcare in the U.S.? That is some serious food for thought!

Highlights of the EB meeting included opportunities for the board to interact with members of the Second SCP Early Career Professionals' Leadership Academy (LA). LA members joined us for informal networking during meals and breaks. They also observed one of the EB working sessions. Once again, we were impressed with the energy, vision, and potential our SCP LA early career professionals bring to the society (check out their bios at http://www.div17.org/groups/special-task-groupsstgs/leadership-academy/2013-participant-bios/). In fact, after reviewing outcomes of the first (2012) LA (e.g., special project results, service to the society, contemporary perspectives, renewed energy) and initial glimpses of the potential contributions from the 2013 LA, the board pledged ongoing support for a formal SCP LA on an every other year basis. A hearty THANKS to Julia Phillips and Katharine Hahn Oh, Co-Chairs of the 2013 LA, on a job well done. What an exciting way to invest in the health of the SCP and U.S. society in general!

Speaking of investments in the future, the SCP EB agreed to participate as a collaborating partner in the second Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI) Leadership Development Institute (LDI) which will be hosted by the Asian American Psychological Association annual convention in July 2013 just before the APA Convention in Hawai'i. This will be the second CNPAAEMI LDI. The call to identify the 2013 SCP CNPAAEMI Fellow was released in February. The selection committee plans to announce the 2013 SCP CNPAAEMI Fellow early in April. Leadership training experiences, such as our own year-long SCP LA and the year-long CNPAAEMI inter-organizational LDI (specifically for ethnic minority early career psychologists), are important contributors to developing culturally competent psychologist members of our community.

Until next time!

Michele C. Boyer, Ph.D. Indiana State University Michele.Boyer@indstate.edu

# VICE PRESIDENT FOR PRACTICE

Traci E. Callandrillo, Ph.D.

Hello to you all from the warm sunny beaches of Hawaii! Well, not quite- still enjoying the chilly damp of February in the mid-Atlantic over here. I'd like to share with you some of the thoughts that resonated with me after returning from the Mid Year Meeting of the SCP Executive Board. We worked hard, laughed together, talked through the issues of some hard decisions, and got to know each other better in the process. I felt that sense of connectedness that I have when I feel like I am 'with my people.' And it occurred to me that in many ways, SCP feels analogous to family for me, a chosen family affiliation that brings me so many rewards. Bear with me as I make my case...

As a practitioner working at an agency embedded in a university system, my colleagues span a variety of professions, disciplines, and theoretical orientations. Part of my job requires me to communicate with these colleagues and work to understand their perspective while I share mine with them, advancing towards a mutual goal. Some are trained to work through an adversarial frame, others are required to evaluate/diagnose.

Some colleagues look only at behaviors to set parameters, others focus on advocacy and social justice perspectives as their set point. Much of the time we share wide swaths of common ground, and occasionally I wonder if we're even on the same continent together.

So while I really enjoy the challenge of striving for flexibility with these colleagues, there's also something so satisfying in connecting with another Counseling Psychologist. Often there are subtle, intangible nuances to my perspective that are reflected back to me in these connections, and other times these commonalities are just elementary- the foundational importance of finding strength and hope in a difficult situation, to name an example. And this reflection resonates like the affiliation of a family. In SCP we are people with as many differences as there are members in our organization. Like a family, we have hopes, expectations, values, priorities. We're doing so much with our resources, our time, money, attention, and intention. We have to make difficult choices and stay within

# VICE PRESIDENT FOR PRACTICE (continued)

Traci E. Callandrillo, Ph.D.



our budget. If we spread ourselves too thin, we risk bouncing the checks in our collective bank account.

During a discussion at the Mid Year Meeting, I was surprised to learn that 84% of our membership contributed to the APA Practice Assessment. So many of us value the practice part of our work! One of my goals during my time in this role as VP for Professional Practice is to facilitate a conversation that strives to expand on our value for professional practice and infuse it with this sense of connectedness and identity. In a family, these conversations might occur at a dinner table, talking about family traditions, funny memories, long-range dreams

and plans. I imagine that, as Counseling Psychologists, we can find ways to strengthen our ties and affiliations to the collective identity that brings us together and informs our work. Be on the lookout for fresh ideas and ways of coming together and sharing your work with your Counseling Psychology family. As always, I would love to hear your thoughts and ideas. Best wishes to you all and here's to an early spring!

Traci E. Callandrillo, Ph.D.
American University Counseling Center
tcallandrillo@gmail.com

# VICE PRESIDENT FOR SCIENTIFIC AFFAIRS

Lisa Spanierman, Ph.D.

I would like to express my sincere gratitude to Stephen Quintana for countless emails and phone calls, which oriented me into the position of VP for Scientific Affairs. I hope to continue his good work, including his survey of SCP members to understand their science-related experiences and challenges. Extending his initiatives, I am excited to launch three primary objectives:

- 1. To develop strategies to use our science to shape public policy.
- 2. To provide counseling psychologists with tools to procure extramural research funding.
- 3. To feature the joys of conducting counseling psychology research to attract the next generation of researchers.

Becoming involved with SCP governance is rewarding. In August at the annual convention of the American Psychological Association, I was fortunate to attend the SCP governance meeting and also discuss counseling psychology science with Steve Breckler, Executive Director of APA's Science Directorate. I attended my first APA fall consolidated meeting as SCP's liaison to the Board of Scientific Affairs. More recently, during the mid-year SCP governance meeting, I became better acquainted with the current and future leaders of our society. Together, we brainstormed ways that we might collaborate to feature counseling psychology science training.

For those of you who will attend the annual convention of APA in Hawai'i, we have several exciting programs planned. First, I am delighted to announce that SCP will recognize Brent

Mallinckrodt, former Editor of the Journal of Counseling Psychology and Professor at the University of Tennessee, Knoxville, for his outstanding psychotherapy research. As one of the leading senior scientists in the field, he will deliver the Best Science talk titled, "Attachment Theory and the Psychotherapy Relationship." I hope that you can join us to celebrate his work and glean some ideas for future research directions. Second, Steve Quintana and his colleagues have put together a stellar symposium on cutting edge approaches to research on ethnic identity development. Scientists and practitioners alike will benefit from this presentation that features some of our very best science in multicultural psychology. Third, Marie Hammond and her colleagues will offer a fantastic workshop on grant implementation. After attending their symposium in Orlando, I can attest to the relevance, timeliness, and practical nature of their materials.

I am in the process of establishing a science advisory board. Kevin Cokley, Bryan Kim, and Mei-Fen Wei are among the first to lend their time and talents to the effort and have been delightful to work with thus far. Marty Heesacker and Bruce Wampold also have expressed interest in joining our team and sharing their vast array of skills in the promotion of science in counseling psychology. Please write to me and let me know if you would like to be involved in any of the three objectives mentioned above. I am honored to serve SCP in this role!

Lisa Spanierman, Ph.D.

McGill University
lisa.spanierman@mcgill.ca

# VICE PRESIDENT FOR EDUCATION AND TRAINING

117

Cindy Juntunen, Ph.D.

It's been a busy few months in the Education and Training community, and many on-going discussions and conversations have important implications for students, faculty, and supervisors in Counseling Psychology. I will try to highlight a few of the key issues, and encourage you to contact me with any questions or comments you have about other issues you may be wondering about.

The Commission on Accreditation is working to revise the Guidelines and Principles (G&P) of Accreditation. They have already had one round of public comment and are actively seeking additional input as they enter Phase II of the revision process. This is a very important action that will have an impact on training programs for years to come, and it is critical for counseling psychology to be represented. Please share your opinions and input! Public comments are open until June 1, 2013, and you can review the questions and make your comments at the following link: http://apaoutside.apa.org/Accred-Survey/Public/.

The Health Service Psychology Education Collaborative (HSPEC) has release a pre-publication version of the Blueprint for Health Service Psychology Education and Training. Dr. Cynthia Belar, Executive Director of the APA Education Directorate has been presenting the key points of this blueprint at Mid-winter meetings of the doctoral training councils, including the Council of Counseling Psychology Training Programs (CCPTP), throughout the last couple of months. The competencies proposed for Health Service Psychologists, which include those licensed to practice across Counseling, Clinical, and School psychology, offer some wonderful opportunities to emphasize key Counseling Psychology values and skills. The role of prevention and health promotion, social justice and addressing access to resources through work in attending to health disparity issues, and establishing supervision competencies, to name just a few, tap key aspects of the Counseling Psychology training literature. Please keep an eye out for upcoming publications related to the HSPEC competencies and blueprint for future training.

One of the most exciting things making progress in the last few months is the joint SCP and CCPTP Special Task Group on Counseling Psychology competencies. This STG met immediately before CCPTP in February, and identified several key definitional aspects of Counseling Psychology values and skills that need to be addressed as part of doctoral Counseling Psychology training. The work of the STG continues and a draft of the proposed Counseling Psychology competencies will be available for public comment in mid-March. We will disseminate that information through both the DIV17 and CCPTP listservs, as well as the SCP webpage. We look forward to your comments and suggestions, and hope you will participate to make this process stronger.

It is a privilege and a pleasure to represent SCP in the education and training community, and I very much appreciate all of the wonderful work that is being done by our students and educators throughout Counseling Psychology. My recent attendance at the CCPTP Mid-winter meeting reinforced for me how fortunate we are to have dynamic educational leaders and really outstanding students to lead our profession into the future.

As always, I welcome your feedback, input, and questions. You can contact me at:

Cindy Juntunen, Ph.D. University of North Dakota cindy.juntunen@email.und.edu

#### **Submit Your Articles**



Articles submitted for publication in the summer issue of the Society of Counseling Psychology Newsletter should be approximately 400 words in length. If possible, please use 12 point Times New Roman font. Submissions must be received by the editor no later than May 4, 2013.

Please submit articles electronically as a Word attachment to: Dawn M. Szymanski, Ph.D., dawnszymanski@msn.com



#### CANDIDATES FOR PRESIDENT ELECT

#### Dorothy L. Espelage, PhD

Dorothy L. Espelage, Professor of Child Development, Department of Educational Psychology, University of Illinois, Urbana-Champaign (Indiana University, Ph.D., 1997). She has conducted research on bullying, homophobic teasing, sexual harassment, and dating violence for the last 20 years, and authored over 100 professional publications and four books. She is Associate Editor of the *Journal of Counseling Psychology*, Vice-President of AERA Division E (Counseling/Development; ends April 2013), and co-Director of the *National Partnership to End Interpersonal Violence*.

Her research focuses on translating empirical findings into prevention and intervention programming and policy. She is currently funded by the CDC for a randomized clinical trial of a bullying prevention program in 36 middle schools, funded by NSF to develop better methods to assess bullying and NIJ is funding a longitudinal study of predictors of bullying and dating violence among adolescents. She joins as co-PI with RAND colleagues on a 4-year NIH grant to improve methods to examine adolescent social network influences on risky alcohol and drug use. She authored a 2011 White House Brief on bullying among LGBTQ youth and attended the White House Conference in 2011.

During her presidency, Dorothy plans to ramp up efforts to bridge the research-policy gap in DC by highlighting the scholarship of Division 17 members and encouraging innovative dissemination strategies. Deeply committed to ending interpersonal violence and gun violence in our schools and communities, she will remind our leaders of Sandy Hook and the tragic homicides in her home city of Chicago.

#### Michael Mobley, PhD

I am honored to be nominated by colleagues for President-Elect of the Society of Counseling Psychology (SCP). I am currently an Associate Professor in the Psychology Department at Salem State University after teaching at Rutgers and the University of Missouri. I served as PI of a 7-year \$2.75 million Department of Education grant - the GEAR UP MU REACH Project serving low-income African American 6th-12th grade students. My current research focuses on college student engagement and resilience among culturally diverse youth. Over the past 15 years it has been a privilege to serve SCP in various leadership roles: SCP Treasurer, 2013 NMCS Coordinator, Newsletter Editor, and Chair for Community Engagement, Program Committee, Strategic Planning STG, Continuing Education and Regional Conferences, and Section for LGBTI.

In such roles I have observed several models of leadership among SCP presidents. I am proud of SCP's commitment to our foundational values, variants of scientist-practitioner training model, and promotion of inclusivity, diversity, social justice and advocacy in the field as well as our steadfast support for graduate students, ECPs, international members, practitioners, and racial & ethnic minorities. If elected as SCP president, my vision is to promote "member-centered" engagements by creating opportunities for "giving-back" within and outside of SCP. I would seek to advance the needs of practitioners, strengthen behavioral health training and competencies, promote resilience interventions for marginalized youths, and explore revenue ventures. I would be honored to collaborate with colleagues and graduate students to achieve such initiatives on behalf of counseling psychology.

#### Nancy L. Murdock, PhD

I am honored and humbled to be nominated for president-elect of the Society of Counseling Psychology. SCP has always been fundamental to my professional life, starting when as a brand new professor I was appointed to chair the New Professionals Committee. Since then, I have been involved in SCP in numerous ways, including as Vice President for Education and Training and convention program co-chair. I have also served counseling psychology in leadership roles as chair and board member of the Council of Counseling Psychology Training Programs and as an author of the model training program for



#### **CANDIDATES FOR PRESIDENT ELECT (continued)**

counseling psychology. I believe that my passion for counseling psychology comes through in this record of leadership, service, and scholarship.

My priorities as president would be first informed by the key issues identified by those who have served before me and influenced by those who will come after. It is evident to me that one very clear priority is in the area of membership—nurturing future counseling psychologists so that our specialty

remains vital, diverse, and strong. Continuing the SCP Leadership Academy is essential, but one of my priorities would be to develop other ways in which students and young professionals can become involved in SCP. Space does not permit me to identify the many other current issues that deserve attention. Prioritizing issues and developing a presidential theme would be tasks in which I would enthusiastically engage during my president-elect year.

#### CANDIDATES FOR TREASURER

#### Stephen W. Cook, PhD

Background: Stephen Cook is a faculty member at Texas Tech University. In addition to conducting research, advising/supervising doctoral students, and teaching, he has maintained a small psychology practice. Stephen served as a board member for the Council of Counseling Psychology Training Programs (CCPTP), in various roles with the Association of Psychology Training Clinics (APTC), and as a board member for his state psychological association. He has served as co-editor of the Legacies and Traditions Forum of The Counseling Psychologist and on the editorial boards for Journal of Counseling Psychology, and Training and Education in Professional Psychology. He has served in various capacities within the Society of Counseling Psychology (SCP; e.g., Special Interest Groups Coordinator, Awards/Recognition Committee, Convention Program Committee, Program Committee Task Force) and within the larger APA.

Personal Statement: I have a great appreciation for people who have served as Treasurer for SCP, and I am committed to providing the highest standards of service to our specialty in this position. As treasurer I will provide conscientious oversight and management of our society's financial resources. I will be consistent about providing up-to-date records, and I will be proactive as well as responsive regarding financial matters of our organization. I have an understanding and enthusiasm for a

variety of areas within counseling psychology and the field in general, and will do my best to be a significant contributor as well as collaborator within the SCP Executive Board. I would be glad to serve you in this position.

#### Jeffrey S. Hird, PhD

Biography: Jeff is a staff psychologist at Counseling and Consultation Services at the University of Wisconsin-Madison and was Director of Training of the Wisconsin Internship Consortium. In addition to his activities as a practitioner and supervisor, Jeff conducts research in the areas of supervision and multicultural training. He is also a former treasurer for the Section on Ethnic and Racial Diversity, past co-chair of Division 17's Awards and Recognition Committee, a site visitor/chair for APA's Commission on Accreditation, and an ad hoc reviewer for several counseling and psychology journals. Jeff received his Ph.D. in counseling psychology from Arizona State University after completing his internship at Texas A&M's Student Counseling Service.

Statement: I am honored to be nominated as SCP Treasurer. My involvement in SCP has provided some of the most rewarding experiences in my career, and I look forward to this opportunity to further serve the division. The current economic climate is challenging for many of us, and so our professional



#### **CANDIDATES FOR TREASURER (continued)**

dues must be managed judiciously. In providing effective ongoing monitoring of Division 17's budget, I will:

- Create a fiscal budget to balance income and expenditures
- Support important division initiatives that require financial support
- Collaborate with the SCP Executive Board about fiscal considerations
- Provide sound financial decision-making for the division
- Allocate financial resources responsibly and appropriately

The division budget must remain strong to support SCP's vision. I welcome the opportunity to serve you and Division 17 as Treasurer.

#### Michael J. Scheel, PhD

I strongly identify personally and professionally with the values espoused through Counseling Psychology. My career in teaching, research, and practice is grounded in strength-based psychotherapy, social justice work, cultural diversity, and vocational psychology. I believe in the advancement of the science of Counseling Psychology as a foundation of our professional status. I apply my orientation to my academic work at

the University of Nebraska-Lincoln where I have continuously been the Director of Training of the counseling psychology program since 2000. My work includes grant-funded action research in the public schools in which we deliver culturally sensitive and strength-based interventions to underserved and marginalized youth.

I see several external forces threatening Counseling Psychology's existence as a specialty. Maintaining distinctiveness within psychology and helping others to understand our distinctiveness are important challenges SCP must continue to address. We must find ways to speak the language of those who fund us, support us, and can advocate for us.

My professional career has included leadership roles in SCP and CCPTP. I was a member of the executive board and then chair of CCPTP; the chair of the SCP Section for the Promotion of Psychotherapy Science; the co-chair of the Master's Benchmark Competencies Work Group; and a member of the Master's STG. Most recently, I was appointed Associate Editor-elect of the *The Counseling Psychologist*.

My intention in running for SCP treasurer is to promote the values for which Counseling Psychology stands and help maintain the distinctiveness of our counseling psychology specialty.

#### CANDIDATES FOR VICE PRESIDENT FOR EDUCATION AND TRAINING

#### Margo A. Jackson, PhD

Biography: Margo Jackson is Associate Professor (formerly Training Director): Counseling Psychology Program, and Chair: Division of Psychological and Educational Services, Fordham University. Also teaches in doctoral program: Contemporary Learning and Interdisciplinary Research. Scholarship in: multicultural career counseling, psychotherapy training/supervision, methods to constructively address hidden biases. Earned Ph.D., Counseling Psychology, Stanford University; Predoctoral internship and postdoctoral fellowship: Palo Alto Veterans Affairs Medical Center. Formerly: Chair,

Council of Counseling Psychology Training Programs. Currently: Co-Chair with Cindy Juntunen, SCP/CCPTP Special Task Group to specify distinctive competencies for counseling psychology training.

Statement: Thank you for the honor of this nomination and for your consideration of how we might serve together to constructively address key issues in education and training. Throughout our efforts, I propose we clearly communicate how counseling psychology training promotes: (a) core competencies in practice informed by science, in science informed



# CANDIDATES FOR VICE PRESIDENT FOR EDUCATION AND TRAINING (continued)

by practice, and (b) value added by distinctive competencies in strength-based and holistic approaches to prevention, vocational access and development, and social justice (in our communities locally and globally). If elected, my goals are to collaborate with SCP leaders and other stakeholders to facilitate our progress addressing key challenges in:

- support for counseling psychology programs;
- funding for student and intern training;
- internship imbalance;
- linking to undergraduate and master's programs in sequence of training;
- navigating and advocating with accreditation and licensure issues; and
- need for competency training outcome data.

Drawing on our strengths, we empower our students and future colleagues to serve vital community needs for psychological services.

#### Mark M. Leach, PhD

The next few years will hold challenges for the education and training of counseling psychologists. Making ourselves indispensable given the changing healthcare system, shrinking education budgets, competencies, and pressures from external forces will be at the forefront of our field and our training programs. Given the changing landscape I am honored to be nominated as a candidate for Vice President for Education and Training of SCP and believe my prior and current work can serve the Society well. In my role as CCPTP chair I have been involved with the other training councils through the Council of Chairs of Training Councils, working to develop internship eligibility guidelines for CCPTP to help offset the internship imbalance. Additionally, I have worked on accreditation issues for doctoral and internship training to increase our standards and become a more prominent presence in healthcare. In my position as liaison to the Board of Educational Affairs much of my work has concerned educating others and advocating for the importance of master's-level accreditation for many of our programs, and a need for state recognition. I recently took part in the Educational Leadership Conference, advocating on Capitol Hill for extended pre-doctoral internship funding. Those who have held this position before me have done an excellent job advocating for counseling psychology. My general goals are to maintain an active voice and be proactive regarding education and training trends, as well as to help navigate counseling psychology's multifaceted and adjusting roles given contextual changes.

#### Marie L. Miville, PhD

I am delighted to be nominated as Vice President for Education and Training. I am an Associate Professor and Chair of the Department of Counseling and Clinical Psychology at Teachers College, Columbia University. As counseling psychologists, we face critical challenges and exciting opportunities regarding education and training. These involve promoting social justice within and beyond our curriculum, providing advocacy for student funding amidst ever-tightening budgets, and engaging in dialogues with our colleagues throughout professional psychology, including the APA Education Directorate and APPIC, to better leverage our impact as trainers and professionals.

Throughout my career, I have served in numerous leadership positions in higher education and professional organizations that have provided essential grounding in administrative roles and responsibilities. These include serving as Chair of the Council of Counseling Psychology Training Programs (CCPTP), being a member of the APA Board of Educational Affairs Supervision Guidelines Work Group, and serving as Division 17 liaison with the APA Board of Educational Affairs. As Co-Chair of a CCPTP/Division 17 Special Task Group, I helped develop a competency-based model integrating multiple aspects of diversity. I also was involved in developing a diversity training values statement for our field. I am a founding editorial board member of APA journal Training and Education in Professional Psychology, have a solid understanding of research and evaluation aspects related to education and training, and am an APA Fellow (Division 17 and 45). In sum, if elected, I look forward to serving the Division enthusiastically from a constructive and informed perspective.



#### CANDIDATES FOR VICE PRESIDENT FOR COMMUNICATIONS

#### Katharine Jo Hahn, PhD

I am honored to be nominated for Vice President for Communications. In my current roles as Leadership Academy Co-Chair and ECP Committee Past Chair, I have had opportunities to use my passion for creating greater sense of belonging, to help students and early career psychologists find a home in SCP and begin to contribute their incredible talents to the Society. In addition to my formal roles, I have had the chance to informally mentor ECPs through phone conversations, to help them find their next leadership role in the Society. In addition to leadership in SCP, I currently serve as Program Chair for Division 35 and as Divisions Representative for APA's Committee on Early Career Psychologists. To the role of VP for Communications, I would bring my breadth of understanding of the governance structure of SCP and of how communication occurs within and between our boards and committees. I bring my dedication to the Society, my organizational skills and conscientiousness, my connections with our upcoming leaders (students and ECPs), and I bring my perspective as a practitioner. I work in the Counseling Center at Oberlin College, using feminist, relational cultural, and gestalt approaches, with particular interest in LGBTQ concerns, Asian and Asian American identity, and interpersonal trauma. As VP for Communications, I would build on the excellent work of the previous VPs for Communications, Toti Perez and Julia Phillips. I would also work to enhance our leadership pipeline, and I would build on our use of communications technology to enhance member engagement.

#### Laurie Dawn McCubbin, PhD

Biography: Laurie "Lali" McCubbin is an Associate Professor at Washington State University where she also serves as the Co-Director of the Pacific Northwest Center for Mestizo and Indigenous Research and Outreach and the Executive Director of the Resilience and Relational Well-Being Project. In addition, she serves on the Committee for Children, Youth and Families for the American Psychological Association and the editorial board for *The Counseling Psychologist*. She has

authored several publications focused on multiethnic families and indigenous health, resilience and well-being.

Statement: I am honored to be nominated for this position and would welcome the potential opportunity to serve SCP as Vice President of Communications. I have been active in SCP in several capacities: Chair/Past Chair of the Section on Ethnic and Racial Diversity (SERD); Chair of Sections Chairs, and Director of the Member Interface Board. Given the breadth and depth within our Society, my focus as VP of Communications would be to facilitate interactions and discussion about the Society's goals and objectives across numerous stakeholders including leaders within and outside the Division, our members who are working in diverse settings, and the respective populations we serve. I also would seek to maintain and increase the visibility of our members' considerable knowledge and expertise to reach outside venues both nationally and internationally.

#### Ezemenari Marquis Obasi, PhD

It is an honor to be nominated to serve as the Vice President for Communications for the Society of Counseling Psychology (SCP). I am an Associate Professor in Counseling Psychology at the University of Houston. My research in the areas of diversity, addictions, and health disparities has been supported by the National Institute of Health and shared with the scientific community in the form of research papers, book chapters, presentations, and consultations. As an Early Career Professional, my service to SCP began as a graduate student when I volunteered as the Student Representative for the Section on Ethnic and Racial Diversity (SERD). Since then, I have served as the SERD Chairperson, SERD Webmaster, SCP Awards Committee, and the Journal of Counseling Psychology Editorial Board to name a few. I bring vibrant energy, fresh ideas, and a clear commitment and passion for issues of equity and social justice that would serve this position well. If elected, I would honor my predecessors (Drs. Carter/Fouad, Philips, and Perez) for their hard work and dedication by building on



### CANDIDATES FOR VICE PRESIDENT FOR COMMUNICATIONS (continued)

their legacy and strengthening SCP's capacity to communicate within the Presidential Cabinet, Executive Board, Communications and Technology Board, SCP Member Interface Board, and Student Affiliates of Seventeen Executive Board; SCP Sections, Special Interest Groups, Special Task Groups

and broader Membership; External Interface Board, APA, and the General Public. In the spirit of transparency, and with a collaborative work ethic, I will aspire to increase SCP's footprint in print/electronic media, the internet, and trending social media outlets.

#### CANDIDATES FOR DIVISION REPRESENTATIVE TO APA COUNCIL

#### Edward Anthony Delgado-Romero, PhD

Last year I wrote the introductory chapter for the *APA Hand-book of Counseling Psychology* along with Michael Lau and Sandy Shullman. In this chapter we identified historical values, themes and patterns that have guided the course of SCP. The distinctive values of Counseling Psychology is a timely issue and I believe that I can use those values to guide me in the Council of Representatives.

I graduated with my Ph.D. in Counseling Psychology from the University of Notre Dame. I am currently a professor, director of training, licensed psychologist and associate department head at the University of Georgia. My background is in practice (five years as a counseling center psychologist at the University of Florida).

In SCP I have been Chair of the Section on Ethnic and Racial Diversity (SERD), Chair of the Fellows Committee, editorial board member of *TCP* and *JCP*, and co-chair of the Fundraising committee of the International Counseling Psychology Conference. Throughout my involvement in SCP I have consistently focused on the advancement of Counseling Psychology and the recognition of Counseling Psychologists by APA. Outside of SCP I have active involvement in leadership on ethnic minority issues through my presidency of the National Latina/o Psychological Association, chairing the Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI), and by my leadership roles in the Society for the Psychological Study of Ethnic Minority Issues.

I believe these multiple vantage points will help me be effective in APA governance and also enable me to build coalitions for the benefit of SCP.

#### Changming Duan, PhD University of Kansas

I feel truly humbled to be nominated to run for election to APA Council of Representatives. Our Society is one outstanding community that has not only provided its members a welcoming professional home, judicious intellectual guidance, and strong collegial support, but also played a significant leadership within APA in addressing various cutting edge domestic and international issues that will define psychology in the 21st century. I am particularly inspired by our Society's leadership in the areas of promoting social justice and advocacy, multicultural education and training, and becoming an international partner in advancing counseling psychology and psychological interventions in global communities.

I am an immigrant from Mainland China. I obtained my Ph.D. in social and counseling psychology from University of Maryland College Park, and subsequently served on the counseling psychology faculty at University of Missouri Columbia and Kansas City respectively before my current position. I have been a proud member of our Society for the past 20 years, and had served as an editorial board member for The Counseling Psychologist, a tri-chair for the International Section, and a co-chair of a special presidential task force. I was also fortunate to serve on the executive board of CCPTP and as a commissioner on Commission of Accreditation for APA. These experiences, although limited, significantly aided my learning and cultivated my passion, commitment, and devotion for the cause of our Society. If elected, I will serve with diligence to represent our Society the best I can.

13



#### SECTION ON COLLEGE AND UNIVERSITY COUNSELING CENTERS

Greetings to all connected with college and university counseling centers. We have several exciting initiatives and plans developing in our section that we are excited to share with you. During the fall, we sent a goals survey to members and appreciate those who participated. The following themes emerged from the survey: a desire for more resources and trainings relevant to the needs of counseling center professionals; a focus on increasing membership, particularly among students and early career professionals; better utilizing electronic resources to disseminate information to members (e.g., listsery, website); and strengthening our relationship with AUCCCD. During our last meeting, the SCUCC officers identified ways to address these needs. We collaborated with Division 17 members to create an APA convention program focused on unique issues counseling psychologists encounter when serving on Campus Threat Assessment Teams. We hope you can join us in Hawaii for a thoughtful discussion focused on ethical/legal issues, training, and fulfilling this challenging role. We are also exploring ways to utilize electronic resources such as our website and listsery to provide members with current resources regarding emerging trends, best practices, and support for counseling center professionals. SCUCC is also in the process of developing an online payment system, which we hope will ease the membership process for prospective members. We also discussed adding a liaison to AUCCCD. If you are inter-

ested in helping us with any of the aforementioned projects, please contact our chair-elect, Lauren Woolley at lwoolley@sandiego.edu.

Each year we have the opportunity to recognize the achievements of our colleagues through the three awards we confer. We honored three stellar counseling psychologists at our business meeting in Orlando. Dr. Jon Davies was recognized with the Outstanding Contribution to Counseling Center Work Award for his groundbreaking work at the University of Oregon related to advocacy, prevention, and men's issues. Dr. Yoko Mori was recognized with the Outstanding Early Career Psychologist Award for her work at the University of Illinois-Chicago for external collaboration and facilitation of cultural competence. Finally, Dr. Goali Saedi was recognized with the Outstanding Graduate Student/Intern award for her work at the University of California, Berkeley and her advocacy in the wider community to combat Islamophobia. We encourage you to nominate yourself or your colleagues for these awards this year.

As we all know, it is important to connect with our colleagues around the country for support and growth, we strongly encourage you to connect with each other on the listserv to share opportunities and brainstorm about challenges and successes in college counseling. Speaking of being more involved and connected with your larger professional community, we want to encourage everyone to consider getting involved in the ini-

tiatives mentioned above, or through running for one of the executive board positions. We have several positions on the executive board that are accepting nominations for terms that will begin at APA Hawaii. The current openings are: Treasurer (2-year term), Communications Chair (2-year term), Chair-Elect (3-year term), and an appointed position of Newsletter Editor. If you are interested in running for one of these positions, be sure to let us know. Also, please see the bylaws on our website for a description of duties for each position http://www.div17.org/SCUCC/.

We have begun preparations for APA 2013 in Honolulu and we hope to see you all there at our business meeting, discussion hour, and sponsored sessions. Also, keep an eye out for the conference supplement of counseling center relevant sessions that we will continue to provide to help make the most of your conference time.

Contact us to learn more about the Section on College and University Counseling Centers!

Lauren Woolley, PhD, Section Chair-Elect University of San Diego Counseling Center lwoolley@sandiego.edu

Tiffany O'Shaughnessy,PhD, Section Communications Officer CSPP at Alliant International University; Independent Practice toshaughnessy@alliant.edu



#### SECTION FOR SUPERVISION AND TRAINING

The APA Annual Meeting in Hawaii will be sunny, warm, and semi-sweet as we express gratitude to the outgoing 2011-2013 board members and say "Aloha," to the incoming crew. Special appreciation goes to Theo Burnes, Past Chair, Janie Pinterits, Treasurer, Heidi Zetzer, Communications Officer, and Nima Patel, Membership Chair for their service. David Shen-Miller will become Chair of the Section, Carol Falender and Lilian Wong will continue as Past Co-Chairs and Alise Cogger as the Student Representative.

STS board leadership, along with the inspiring investigative and supervisory skills of our members made for a rewarding two years. The STS published a Major Contribution in The Counseling Psychologist in January 2013, entitled *Multicultural Clinical Supervision and Benchmarks: Empirical Support Informing Practice and Supervisor Training.* We are offering 11 round table discussions on *Innovations in Multicultural Clinical Supervision Practice* at the 2013 APA Annual Convention that includes members of the Positive Psychology Section who will participate in a discussion on *Positive Supervision*. We are especially delighted to offer a symposium on *Intersections of Clinical Supervision and Social Justice* as well.

In light of the change in leadership, we asked board members to reflect on their experiences. Here is some of what they had to say:

#### 1. What are the highlights of the last two years?

Carol: Collaborating with so many amazing people! Putting together the special issue of *The Counseling Psychologist* and organizing and meeting the Roundtable presenters.

Dave: Gaining a deeper understanding of the section, learning about members of the section, and those who help it run smoothly.

Janie: Gaining a greater sense of community within Division 17, meeting at APA not only with the board but also with the treasurers of other sections, and getting to learn what other sections do.

Lilian: The incorporation of Speed Mentoring at the Social Hour and the New Position of the Chair of Section Chairs.

Nima: It's been fun connecting with others who are interested in supervision. I feel like I have a home base in Div 17 as a result.

#### 2. What are the rewards of serving on the board?

Janie: Giving back to the profession in a small way, learning about the inner workings of a division section and gaining new perspectives on leadership.

Dave: Wonderful connections with people who care deeply about supervision and training; working together with other members of SCP and to think about how to help shape national level action related to training and supervision of psychologists; connecting with people doing cutting edge work and research.

Theo: Having conversations about training in counseling psychology that challenge, support, affirm, and inspire; providing spaces for student and early career professional voices in SCP; giving awards to individuals who practice outstanding supervision and training (and therefore make our field even better!).

Lilian: The rewards are enormous: feelings of belonging and being validated; experiences of peer support; opportunities to learn how to be a mentor and to be mentored

# 3. Why should someone join the section and participate in leadership?

Carol: For all of the above reasons--and to further their careers, assist students and early career psychologists in achieving their potential and to envision and bring to fruition new projects and initiatives.

Theo: If you love research, practice, training, and advocacy in supervision and training, this is the group of people for you! If you want to connect with people who share your passions,



#### SECTION FOR SUPERVISION AND TRAINING (continued)

who love counseling psychology, who are creating systems that support and nourish trainees, supervisory practitioners, training directors, and educators in psychology then you belong here!

Lilian: You will discover that it is the best thing you have done for yourself and your supervisees.

#### 4. What are your hopes/goals for the section?

Nima: To expand, make ourselves more visible, and offer training opportunities.

Janie: To provide a continued forum for exploring the rich experiences & expertise of our more senior members as well as new perspectives and innovative approaches of others.

Carol: To continue to support the development of students and early career psychologists--and interest them in research in supervision and training; more publications; more interdisciplinary and intersection and division activities to enhance valence of clinical supervision

Lilian: This section is destined to grow because supervision and training are essential activities for other divisions; there is great potential for inter-divisional collaboration.

Dave: I'd love to see us continue our attention to multiculturalism and diversity in supervision and training, as well as international and interdisciplinary connections. In addition, centralizing conversations about how supervision and training extend beyond graduation and throughout the professional lifespan.

Theo: To continue to promote intersections between training and social justice; to sponsor collaborative activities (symposia, social hours) with other sections and divisions... and to keep having fun!

We urge you to join us going forward—watch for our business meeting in Honolulu—a great way to get more involved in Section activities!

Carol Falender, Section Co-Chair Independent Practice; University of California, Los Angeles cfalende@ucla.edu

> Lilian Wong, Section Co-Chair Meaning-Centered Counselling Institute, Toronto liliancj@rogers.com

> > Heidi Zetzer, Communications Officer University of California, Santa Barbara hzetzer@education.ucsb.edu

#### SECTION FOR THE ADVANCEMENT OF WOMEN

Happy New Year! SAW has been busy this year with several initiatives:

We are excited to announce that our new and improved website is up and running thanks to Nita Makhija, a doctoral student at Seton Hall University. Please take a look at: https://sites.google.com/site/div17saw/home.

We also have a new Facebook Page. Please like us on Facebook at <a href="https://www.facebook.com/SawDiv17APA">https://www.facebook.com/SawDiv17APA</a> to keep abreast of events, news and initiatives. We hope that this page will help inform others about SAW efforts and attract increased interest and membership. A special thank you to Dr. Riddhi Sandil for creating the FB page.

A new Task Force composed of Drs. Julie Ancis, Corinne Datchi and Meghan Davidson has been convened entitled "Women and Girls in the Justice System." One of the major objectives this year is gathering resources for the scientist-practitioner, as well as for those who are currently involved in the legal system, whether as defendants, litigants, mental health professionals, evaluators, judges, or attorneys. We know that psychologists and other mental health professionals are often involved directly and/or indirectly in the legal system. Yet, training and education in this are is limited. The resources can be found on the SAW website and will be updated periodically. Currently, we have a listing of journal articles, books, book chapters, and website as relates to Family



#### SECTION FOR THE ADVANCEMENT OF WOMEN (continued)

Court (domestic violence, divorce transition, diagnosis, mediation, financial, custody evaluators and guardians ad litem, therapeutic approaches, and gender bias), the Criminal Justice System (women and crime, statistics, relationships, drug court, reentry, rehabilitation and counseling), and Domestic Violence. We hope that they are helpful to you. If you are interested in assisting with the Task Force, please contact me at julieancis@gmail.com.

Please keep a look out in the spring for calls for nominations for Woman of the Year, the Foremother Award, and the Student of the Year Award.

We remain interested and open to increased student involvement. Please contact our Student Representative, Erin Woike (erin.woike@ou.edu)and Membership Chair, Riddhi Sandil (sandil@tc.columbia.edu)for more information. Authoring

or co-authoring a piece for our newsletter is a great way to contribute. Contact our Newsletter Editor Yu-ting Su (suy@uwplatt.edu).

Congratulations to Dr. Debra Mollen who has been elected and nominated as Chair-Elect. She will assume her position as Chair-Elect in August 2013.

Please keep a look out in the Spring for calls for nominations for the Woman of the Year, Foremother Award, and Student of the Year Award.

May you all have a great year!

Julie R. Ancis, Ph.D. SAW Chair Georgia Institute of Technology Associate Vice President for Institute Diversity julieancis@gmail.com

#### INERNATIONAL SECTION

We are excited about this opportunity to share some recent activities of the International Section with our colleagues via the forum of the Society's Newsletter. After a few months of discussing and planning among Board members, we launched a series of programs in January 2013 to our members and those who are interested in international counseling psychology issues. These programs include (1) two focused groups with a theme of "Embracing Cultural Issues in Counseling Training & Supervision" led by Drs. Yi-Jiun Lin and Sayaka Machizawa; (2) a research group led by Dr. Kenneth Wang focusing on the topic of perfectionism; and (3) a task group led by Dr. Chiachih DC Wang that aims to identify and contact international counseling psychology or counseling organizations to develop a database by summer 2013. Many of our professional and student members responded to the call. The lead persons of these programs are organizing monthly skype meetings between February and July 2013. We plan to share the preliminary outcomes with our members in the 2013 APA convention.

The nomination process of our section's three annual awards has begun in early February. They include the *Excellent Contribution Award*, *Lifetime Achievement Award*, and *Outstanding Graduate Student Research Award*. The award committee is chaired by Dr. Makiko Kasai this year and the committee

will begin to review nominations on March 1, 2013. Please help us identify and nominate those who have made significant contributions to promoting and facilitating international counseling psychology in the US or around the globe. The award winners will receive a plaque and be invited to give a speech at the International Scholars Welcome Breakfast during the 2013 APA convention. Please contact Dr. Kasai (mkasai@naruto-u. ac.jp) or Dr. Lin (ylin1234@umd.edu) for more information about these awards.

The Board of the International Section will have a few openings after the 2013 APA convention. We will soon make the announcement to invite nominations and then conduct the election in April using an electronic voting method. The anticipated vacant positions include (1) Co-Chair Elect, a US-based and an international; (2) Secretary; and (3) US-based Membership Officer. The International Section is a dynamic, energetic, and fun group that strives to facilitate both professional and personal enrichments of our members through exchanging thoughts and experiences and supporting each other. If exploring various counseling psychology issues or topics in crosscultural or international contexts is of interest to you, please consider joining us or nominate yourself to serve on the Board.

Co-Chairs: Chiachih DC Wang, Ph.D. & Makiko Kasai, Ph.D.



#### PREVENTION SECTION

A number of prevention themed symposiums are planned for this year's 2013 APA convention in Boston featuring leaders from the fields of psychology and public health. These symposiums support the Presidential Initiative of SCP President Andy Horne on prevention and addresses a wide range of prevention topics including training and education of prevention scientists and practitioners, best practice prevention guidelines health promotion, primary prevention and the development of a SCP prevention journal. Our goal is to encourage active engagement and idea and experience exchanges between students, faculty and prevention advocates. These symposium and presentations represent an important opportunity to strategize the continued development of the Section's and SCP prevention activities. We look forward to your participation!

In addition, the **Prevention Section Social, Award Ceremony and Poster Session** will occur at this year's APA. If you are a student, we encourage you to consider submitting a poster pro-

posal to the Prevention Section for the 2013 APA conference. Poster proposals should include a cover sheet and a 500-to 1000-word summary of the study in APA style (Limit any identifying information to the cover sheet only as this is a blind review process). Proposals will be considered for *both* the SCP Poster Session and the Prevention Section Poster Social/Award Ceremony to occur at this year's APA conference. The deadline is March 18, 2013.

The **Prevention Section** welcome posters that address topics related to prevention research and practice to include for example, training, policy development, prevention focused advocacy. Submissions or questions concerning submissions can be sent to Roy Reese at lreese@msm.edu.

For students interested in becoming involved in the **Prevention Section**, multiple opportunities exist to work on Section initiatives and connect with faculty involved in prevention research and practice. Our **Prevention Student Representative** is Erin Ring at the Uni-

versity of Albany. She can be reached at <a href="mailto:erinering@gmail.com">erinering@gmail.com</a> and students are encouraged to contact Erin to learn about and become more involved in the section

#### **Get Involved!**

There are several positions within the Prevention Section that we will be holding elections for in the Spring. These positions include:

- Chair-Elect (will start in August 2014). The person in this position serves on the Section's leadership team
- Treasurer
- Communications Officer
- Membership Coordinator

We encourage your self-nominations and likewise encourage those of you who may be interested to contact the current incumbents to learn more about these positions. More about the Section, its activities and membership can be found at <a href="http://www.div17.org/preventionsection/default.htm">http://www.div17.org/preventionsection/default.htm</a>.

#### PREVENTION SECTION 2013 AWARDS – CALL FOR SUBMISSIONS

Consider nominating someone you know or yourself for one of our Prevention Section Leadership Awards. The American Psychological Association Division 17 Prevention Section Awards Committee calls for nominations for awards for excellence in prevention work. The Section offers the following awards.

#### **Lifetime Achievement Award in Prevention**

For counseling psychologists who have engaged in more than ten years of prevention activities, including theory building, research, practice, training, and/or leadership. Please submit a statement of no longer than two pages describing the prospective candidate's qualifications and contributions, along with a copy of the candidate's curriculum vita, by June 30, 2013. It is preferred that nomination information be submitted in Microsoft Word format as an email attachment. Submissions should be sent to Roy Reese at lreese@msm.edu or Julie Koch at julie.koch@okstate.edu. Self-nominations are encouraged and membership in the Prevention Section is strongly preferred.



#### PREVENTION SECTION 2013 AWARDS – CALL FOR SUBMISSIONS (continued)

#### Research Award

The Prevention Section is able to provide limited grant support (up to \$200) for researchers (students or professionals) conducting prevention studies. Please submit a two page research proposal describing the purpose of the study, research design and budget, a copy of the principle investigator's vita

and a plan for disseminating their research with the Prevention Section through a poster submission or in the Prevention Section publication to Roy Reese at <a href="mailto:leee@msm.edu">leee@msm.edu</a> or Julie Koch at <a href="mailto:julie.koch@okstate.edu">julie.koch@okstate.edu</a> by June 30, 2013. Funds will be awarded during the Prevention Section 2013 poster session social and award ceremony.

#### OTHER PREVENTION SECTION NEWS



The following awards for excellence were presented at this year's APA conference:

Life Time Achievement Award in Prevention Elizabeth Vera, PhD., Loyola University Chicago

Prevention Research Award Krystal Frieson, University of Kentucky

#### **Invitation to Join the Prevention Section**

The Prevention Section invites Division 17 members or affiliates to consider becoming a member of the section. When you join, at no cost, you have opportunities to:

- Network with other prevention professionals;
- Participate in the Prevention Section listsery;
- Participate in section-related activities;
- Promote the cause of prevention in counseling psychology;
- Receive an electronic copy of the Prevention Section journal, *Prevention in Counseling Psychology: Theory, Research, Practice and Training.*

Contact Ellen the communication officer to join, at elvaugha@indiana.edu.

#### **CALL FOR PAPERS – Prevention Publication**

Consider submitting your prevention related research, theory or practice articles to the new peer-reviewed publication of The Prevention Section, *Prevention in Counseling Psychology: Theory, Research, Practice and Training*.

Please send your documents prepared for blind review with a cover letter including all identifying information. You can email your submissions or questions directly to Michael Waldo, Editorial Board Chair, at <a href="mailto:miwaldo@NMSU.EDU">miwaldo@NMSU.EDU</a> or Julie Koch, Managing Editor, at <a href="mailto:Julie.Koch@okstate.edu">Julie.Koch@okstate.edu</a>.

#### **More Information About the Prevention Section**

Please visit the **recently updated Prevention Section website** at <a href="http://www.div17.org/preventionsection/">http://www.div17.org/preventionsection/</a> for information about section activities and becoming a member. You may also contact the Prevention Section Chair, Roy Reese at <a href="mailto:leese@">leese@</a> msm.edu.



#### **MEMBER NEWS**

# **2012 Education Advocacy Grassroots Distinguished Service Award Winners**

Presented to Patricia Cole, PhD, and Linda Forrest, PhD. Cole was honored for her extensive grassroots recruiting activities and tireless efforts to raise awareness of the need for increasing psychological services to underserved populations and communities. Forrest was recognized for her extraordinary grassroots leadership and determined efforts to raise awareness of the critical need for increasing psychological services on our nation's college campuses.



Left to right: Suzanne Bennett Johnson, APA President, Linda Forrest, Ron Rozensky, and Pat Cole.

#### **2012 Beckman Award Winners**

We have four SCP members among the 10 winners of the 2012 Beckman Awards. The Beckman Award is given to current or former academic faculty members who influenced students to "create an organization which has conferred a demonstrable benefit upon the community at large." The award was established in 2008 by Gail McKnight Beckman in honor of her mother, a pioneering author and educator in psychology. Congratulations to:

Nancy Boyd Franklin Sharon Horne Sandy Shullman Carolyn Tucker



#### STUDENT AFFILIATES OF SEVENTEEN REPORT

Greetings SCP members!

So much has happened since our last contribution to the SCP newsletter! We are so excited to report on several important recent developments as well as some worthwhile future SAS opportunities and events. Just this past November, SAS, in collaboration with the Division of Counseling Psychology here at University at Albany, and the Sexual Orientation and Gender Identity Project (SOGI) hosted the 21st Annual Diversity Conference. Each year, the goal of

the Diversity Conference is to increase awareness about central issues concerning the needs of diverse populations and communities and this year, our theme was "Building Bridges, Removing Barriers: Expanding Our Roles." We were privileged to have Dr. Isaac Prilleltensky join us as our keynote speaker along with several other SCP professionals, including Dr. Arpana Inman and Dr. Britney Brinkman. The conference was a resounding success and was extremely well attended. We could not have had such a successful event without the sup-

port of SCP and in particular, Division 17's President, Dr. Andy Horne, who never hesitated to support our conference-Thank you, Andy!

The SAS executive board has also had its hands full with brainstorming ideas for programming for the next APA convention (Aloha, Honolulu!) and beyond. With regard to the upcoming convention, one of the programs that we are particularly excited to announce is the return of our SAS Networking and Awards Event. In light of our commit-



#### STUDENT AFFILIATES OF SEVENTEEN REPORT (continued)

ment to community building amongst SAS members, having an encore performance of an event geared toward recognizing student contributions to Division 17 and providing SAS members with professional networking opportunities, was a no-brainer! Please stay tuned for additional information and details—we hope to see many new and familiar faces there! In addition to APA convention planning, the SAS executive board has been trying to develop additional networking and mentorship opportunities for its student members, particularly those for whom attending APA is not a possibility due to financial constraints. As students, we are very much aware of the financial burdens associated with attending conventions, but we also recognize the relationship between having the privilege to attend convention and having the opportunity to meet SCP professionals and establish relationships with them. In an effort to provide students with alternative opportunities to establish such important relationships, we came up with the idea to host virtual mentoring sessions. These virtual mentoring sessions would feature esteemed SCP professionals with expertise in various areas of research and practice, and will be accessible to all students regardless of their financial resources. We are in the final planning stages and are hoping to launch the first in a series of virtual mentoring sessions early this spring. Keep your eyes open for more specific information and as always, please feel free to email us with any questions or ideas you may have.

In addition to virtual mentoring, we are trying to compile resources including cost-saving tips and funding opportunities for students who want to attend convention, but need assistance. Due to the high costs associated with traveling to and staying in Honolulu, this convention will be particularly difficult for students who wish to attend. If you know of funding resources at your school, please be sure to tell your students; if you know of any other funding opportunities that we can pass along to SAS members, please let us know. Students can look into our social media outlets and listserv posts for additional information.

Finally, as we are approaching the end of our three-year tenure as the SAS host institution, it was time for us to select the next host institution. To this end, we put out a call for applications on the SAS and Division 17 websites and listservs as well as other social media outlets (e.g., SAS facebook page) in the early Fall of 2012, outlining the components to be included in the application and inviting prospective applicants to contact us for further information and/or with additional questions. We received 7 outstanding applications, making our decision-making process very difficult. After we took care to de-identify the applications and develop a rubric from which the applications could be systematically ranked, we were able to come to a consensus with the support of our SAS faculty advisors, Dr. Micki Friedlander and Dr. Mike Ellis. We put forth our recommendation for the next SAS host institution to the Division 17 executive board just a couple of weeks ago at the mid-winter meeting in Houston, Texas, and our recommendation was unanimously approved. Although we are saddened by the fact that our tenure is coming to an end, we are also elated to leave SAS in such capable hands. It is with great enthusiasm and hope for the future of SAS that we announce Cleveland State University (CSU) as the next SAS host institution! Congratulations CSU! We look forward to a smooth transition process and are committed to equipping CSU with the tools needed successfully embark upon this journey- You are in for an exciting and rewarding ride!

Thank you to the entire SCP community for an amazing experience; we look forward to seeing what our final months as host institution will bring, and we especially look forward to hearing more about where CSU is going to take SAS in their upcoming term!

Your SAS Co-Chairs, Heidi Hutman hhutman@albany.edu Melanie M. Lantz mlantz@albany.edu

# **Advertising Guidelines**

To submit an advertisement for inclusion in the SCP newsletter, contact Dawn M. Szymanski, at dawnszymanski@msn.com. After the advertisement has been approved, payment in the form of check or money order can be sent to the Division 17 Treasurer:

Michael Mobley, Ph.D.
Department of Psychology
Salem State University
352 Lafayette Street
Salem, Massachusetts 01970-5353

Advertising Rates and standard sizes Full Page (8" x 10") = \$350 Half Page (8" x 5") = \$175 Quarter Page (e.g. 5  $\frac{1}{4}$ " x 4") = \$100



# ADOPTION RESEARCH AND PRACTICE SIG

The Adoption Research and Practice SIG has been represented in several places this Spring. Co-Chair Amanda Baden presented at the annual Barker Foundation Convention in Rockville, MD. Co-Chair Mary O'Leary Wiley represented the SIG and APA the American Adoption Congress. Mary spoke as part of a panel on "Policy Implications and the Provision of Quality, Competent, and Compassionate Medical Care to Adopted Persons." The American Adoption Congress convention was held in Cleveland in April.

The Adoption Research and Practice SIG is open to all members of Division 17 and other colleagues interested in research and practice related to adoption. Contact Mary O'Leary Wiley at wiley510@gmail.com for an application and more information.

# MILITARY ISSUES IN COUNSELING PSYCHOLOGY SIG

The Special Interest Group on Military Issues in Counseling Psychology was recently approved by the Executive Board as a "SIG-in-formation." The Military Issues SIG is a community of clinicians, researchers, faculty, and students who have an interest in working with military populations. The group intends to provide networking opportunities and professional support for clinicians and bring together those interested in collaborating on research. Additionally, we hope to update members on legislation and policy relevant to this area, as well as any newsworthy events. More specifically, group members have expressed interest in a wide range of topics including traumatic stress, student veterans, deployment mental health of service members and families, social justice and advocacy, women's issues, and so forth. We hope to clarify and build on the unique contributions of counseling psychology to the field of military psychology in general. If you're interested in joining the SIG, please contact Wendy Rasmussen at wendy-rasmussen-1@ uiowa.edu."

# HOW TO MAXIMIZE YOUR EXPERIENCE AT THE APA CONVENTION: ADVICE TO EARLY CAREER PROFESSIONALS

During our last conference call, members of the Early Career Professionals (ECP) Committee discussed our excitement about the upcoming APA Annual Convention in Hawaii. We also conversed about the challenges of making the most of convention and how it can feel overwhelming to first-time attendees (and even those of us who have attended multiple times!) We thought it would be fun to dedicate our section report to ways ECPs can maximize their time at the APA Convention. I decided to poll members of the ECP committee and friends on our Facebook page for advice and three major themes emerged.

- Plan ahead. Katharine Hahn Oh, ECP Past-Chair, recommends.
  - To have a more connected experience of Division 17 at convention, design mini-tracks for yourself, going to a lot of programs with specific sections (including any section business meetings or social hours) and also going to the

primary Division 17 programs (fellows address, Presidential address, business meeting and social hour--all on Saturday). This way, you will see the same groups of people (section members) and then join the larger Division 17 group on Saturday. In this way, you will get to know people in the sections you like and will join the larger group for the common experiences of the Saturday talks. I think of the section programs as my small groups and the Saturday business meeting as 'church on Sunday,' where you want to be seen to feel a part of the larger community. To plan ahead for convention, I would join sections of interest and get on their listservs so I could receive newsletters and announcements about what's happening for the section at convention.

Network. We all agreed that section meetings and social hours are wonderful ways to meet new members and reconnect with former colleagues. I am smack dab in the



# HOW TO MAXIMIZE YOUR EXPERIENCE AT THE APA CONVENTION: ADVICE TO EARLY CAREER PROFESSIONALS (continued)

middle of the introversion/extroversion continuum, so I find walking into a party of unfamiliar people a bit intimidating. However, at APA Convention, I've found the section events and social hours particularly welcoming. The odds of receiving a warm reception at these events is quite high considering you are walking into a room full of people who have an interest in counseling psychology! I also encourage Division 17 ECPs to pick up one of our blue "Div. 17 Ribbons." I had a delightful conversation about ECPs with a fellow member who inquired about my ribbon while we were waiting on our lattes. You never know where you might connect!

3. Self-care. While Convention is fun and exciting, it can also be exhausting. Hence, it is important to find time to recharge. Staying in a hotel near the convention center can allow for one to easily get away for some quiet time. (One of our members recommended bringing bath salts for some nice foot soaks after a long day of walking!) Planning fun activities outside of the convention workshops can also reboot your system such as participating in Ray's Race hosted by Division 47 or attending the APA-sponsored outing. Last year I attended the APA night at Epcot with a couple family members, and we had a blast for a nominal fee. Carrying a water bottle and healthy snacks can help you stay hydrated and fueled. (You can typically find an exhibitor giving away free water bottles if you forget your own!)

Katharine Hahn Oh provided the following example of a convention program for a new ECP attendee:

If I were to design my ideal convention program within Division 17, I would go to the Student Poster Session/Social Hour (Division 17 wide), then the Section on LGBT Issues' dinner and cabaret. I would attend the business meetings and programs of my two sections (SLGBTI and SAW, the Section for the Advancement of Women), both in the hospitality space and regular programming (including SAW's Woman of the Year Award address). Saturday morning I would start with SAW's traditional champagne breakfast and business meeting, and later in the day (after a nap, perhaps) I would attend the Division 17 Fellows talks, the Presidential Address, the Division Business Meeting, and the Division social hour. At the section programs, I would ask questions or introduce myself to the speakers. At the section business meetings, I would hear about current projects and volunteer to help. If they didn't need help on that project, I would volunteer for another or ask in what way I might get more involved.

We encourage ECPs and seasoned Division 17 colleagues to visit our Counseling Psychology Early Professionals Facebook page and add to our discussion of ways to maximize one's experience at Convention. We hope to see many of you there!

Lauren Woolley, Ph.D.
University of San Diego Counseling Center
lwoolley@sandiego.edu

# USING MINDFULNESS-BASED APPROACHES AT UNIVERSITY COUNSELING CENTERS

Martine Luntz, M.S., Predoctoral Intern, Appalachian State University Counseling and Psychological Services

#### The Mind/Body Connection

The mind/body connection was an area of important research and debate as early as 1647, when Rene Descartes proposed the concept of dualism. Much more recently, mindfulness practices has become a subject of this discussion and has been empirically supported as an intervention that enlists the

mind in improving emotional well-being and physical health (Miller, Fletcher & Kabat-Zinn, 1995). University counseling and psychological services centers (CAPSs) are taking note, and these approaches to prevention and intervention are being put to use across the country. Mindfulness-meditation workshops and therapy groups are in place at Duke, UCLA,



# USING MINDFULNESS-BASED APPROACHES AT UNIVERSITY COUNSELING CENTERS (continued)

Martine Luntz, M.S., Predoctoral Intern, Appalachian State University Counseling and Psychological Services

Ithaca, Rutgers, Oregon State, and Northwestern University, to name a few.

#### Mindfulness Practice at ASU's CAPS

At Appalachian State University's CAPS, we have been running two, four-week sessions of an "Introduction to Mindfulness" therapy group each fall and spring semester since 2009. The participants are students who would like to decrease stress, create emotional balance, and take action more in line with their values. The co-leaders use an approach rooted in Mindfulness-Based Stress Reduction (Miller, Fletcher, & Kabat-Zinn, 1995) and Mindfulness-Based Cognitive Therapy (Segal, Teasdale, & Williams, 2002) to teach the participants to step out of their "auto-pilot" reactions and learn to pay attention to their present experiences. The group has been popular since its inception and very successful at recruiting participants.

# Applying Mindfulness Techniques in the Practice of Individual Psychotherapy and Outreach

Many counselors at our center incorporate mindfulness meditation in their practice of individual therapy as well. Whilst some practitioners provide information on breathing or meditative techniques on an as-needed basis, others are actively

using theoretical approaches rooted in Eastern philosophy. Acceptance and Commitment Therapy (ACT; see a recent publication by Hayes, Strosahl, & Wilson, 2011) was specifically created for use in individual therapy. This therapy is rooted in the belief that psychological rigidity is a root cause of a wide range of clinical problems. The ACT therapist uses experiential exercises in each therapy session to help the client understand this on a deeper level. The goal of ACT is to cultivate psychological flexibility by via key mindfulness-related processes of defusion, acceptance, attention to the present moment, self-awareness, values, and committed action.

Another area ripe for the use of mindfulness approaches is outreach and prevention education. A recent example at ASU was the "Flash Meditation Mob" the counseling center sponsored in the university quad during lunch hour. We placed yoga mats on the lawn and arranged for a core group of mediators to begin sitting at 12:00pm. Students were asked to come and sit for as long as they would like to throughout the hour. Guidance in diaphragmatic breathing and other meditation techniques were offered at various times, and rolling Om's were created whenever a participant so chose. There are seemingly endless ways to creatively promote the skills of mindfulness practice on a college campus. How does your counseling center do so?

#### COMMUNITY ENGAGEMENT COMMITTEE: GET INVOLVED IN HAWAII!

As you may know, for the past six years, the CEC has partnered annually with community organizations local to the APA convention to provide needed programs and services. This year, we are planning a partnership during convention with Life Foundation, Hawaii's largest organization dedicated to stopping the spread of HIV and AIDS. Last year, we adopted two rooms at Harbor House in Orlando, a domestic violence shelter, and painted and decorated them for incoming residents. The year prior, we partnered with Whitman Walker Health in DC and provided a half-day workshop for their multidisciplinary staff on compassion fatigue. The events are a great opportunity to get into and give back to the larger community and meet and network with other Division 17 members. The details of this year's event will be finalized shortly, so to inquire further about possibly getting involved this year in Hawaii, please email Penelope Asay, Ph.D. (pasay@argosy.edu) or Heather Walton, Ph.D.(heather.walton@va.gov).



### PROGRAM CO-CHAIRS Program for 2013 APA Convention in Honolulu, Hawaii

The Program Committee is excited to report that the Society's program for the American Psychological Association 2013 Annual Convention in Honolulu, Hawaii has been finalized. We are deeply grateful to Debbie Nolan, our Society's Association Manager, her colleague, Samantha Rehtorik, and their support staff for their incredible and significant contributions to processing proposals and directing logistics during our program review.

Our program cannot come to fruition without the support of all Society members, both professionals and students, who submitted their scholarly work to the Division. The convention theme of Division 17, Society of Counseling Psychology (SCP), is "Addressing Tomorrow's Needs Today: Promotion, Prevention, and Beyond in Counseling Psychology."

Our convention program will feature 198 posters across five poster sessions, 38 Symposia, and 2 Conversation Hours. Seventeen sessions have applied to offer Continuing Education (CE) credits. Our poster presentations will consist of the following 5 clusters: (1) Vocational and Career Development, (2) Scale Development, Measurement, & Evaluation, (3) Mental Health and Well-being, (4) Multicultural, Social Justice, and Advocacy, and (5) Counseling Interventions, Strategies, and Treatment. Our symposia presentations will address topics such as counseling psychologists in diverse settings, interdisciplinary collaborations, obesity, future directions in counseling psychology, health psychology and health promotion, training and supervision in counseling, and prevention. The program contains information relevant to populations across the lifespan and to diverse populations.

Programming has been tentatively scheduled and submitted to APA (therefore there still may be date/time changes). This year's Leona Tyler Award recipient, Lucia A. Gilbert, PhD of Santa Clara University, will give her acceptance speech on Friday, August 2 (12:00-12:50pm). The Fellows Address session is scheduled on Friday, August 2 (1:00 – 1:50pm). Our Society President, Dr. Andy Horne, will deliver his presidential address entitled Addressing Tomorrow's Needs Today: Promotion and Prevention in Counseling Psychology on Saturday, August 3 (2:00-2:50pm), followed by the Division Business Meeting (3:00pm – 3:50pm). There will be two social hours (August 1, 5:00-5:50pm; August 3, 4:00-5:50pm).

Dr. Horne's Presidential Initiative is on Promotion and Prevention in Counseling Psychology and there will be a special two-hour program on Thursday, August 1, 8:00-9:50am. We hope you find the convention program intellectually informative and stimulating in regards to the research, theory, practice, training, supervision, and consultation foci within Counseling Psy-

#### **Professional Reviewers**

Christopher M. Adams Sha'kema Blackmon Jon Brunner Michaela Bucchianeri Cindy Buchanan Hsiu-Lan Cheng Hung Chiao Wendy Close Tracy Cohn William R. Concepcion Elizabeth Cotter Daniel W. Cox Claytie Davis Cirleen DeBlaere Lore M. Dickey Frank R. Dillon Rob Durr Deb Esty Jenelle C. Fitch Sonya L. Flessati Bryana H. French Mary Gregerson Ashley B. Hampton Suejung Han Nadia Hasan Sheila Henderson Catherine Hubbard Bong Joo Hwang Farah A. Ibrahim Anthony Isacco Michiko Iwasaki LaRae M. Jome Anusha Kassan Bryan Kim Mai Kindaichi Julie Koch Eric L. Kohatsu Kimberly J. Langrehr

Ya-Shu Liang Jim Lichtenberg Thomson J. Ling Pei-Wen (Winnie) Ma Karen Multon Megan Foley Nipcon Katherine Hahn Oh Innocent F. Okozi Yuki Okubo Tiffany O'Shaughnessy Barbara Palombi Acacia Parks Kristin Perrone Randolph Pipes Richard Ponton Ravi Prasad Jeff Reese Robert Reis Geneva Reynaga-Abiko Amy Reynolds David J. Romano Steven Roring Lawrence Schneider Kimber Shelton Frances C. Shen Dave Shen-Miller Steve Smith Sandro Sodano Mario Arana Suarez Regine Talleyrand Howard E.A. Tinsley Terence J.G. Tracey Chiachih DC Wang Meifen Wei Ingrid Weigold James L. Werth Susan Woodhouse



### PROGRAM CO-CHAIRS (continued) Program for 2013 APA Convention in Honolulu, Hawaii

chology. We are also happy to have partnered with Division 49 (Psychotherapy) to have a 2-hour symposium entitled Honoring Albert Ellis in this Centennial Year of His Birth (Wednesday July 31, 2013, 9:00-10:50am).

Finally, we express our deepest gratitude and appreciation to the more than 79 professional colleagues and 14 student reviewers who reviewed this year approximately 17 submissions each. Each proposal was reviewed by a team of three to four people using the following criteria in evaluation: (a) relevance to SCP convention theme; (b) contribution to theory, research, practice, training, advocacy, and policy missions of Counseling Psychology; (c) organization and clarity of ideas; and (d) quality of writing.

Dorothy L. Espelage, Ph.D.
Division 17 Program Co-Chair, 2013 APA Convention
(University of Illinois, Urbana-Champaign; espelage@illinois.edu)

Rosemary Phelps, Ph.D. Division 17 Program Co-Chair, 2013 APA Convention rephelps@uga.edu

#### **Student Reviewers**

Stephanie Winkeljohn Black
Kimberly Boyd-Bowman
Stephanie Carrera
Sarah Elizabeth Cleary
Kelly Clougher
Lisa De La Rue
Sonia Dutt
Michelle Patricia Flores
Dianna Marisol González
Ashley Hutchison
Ae Kyung Jung
Zeb Kai-Kok Lim

Yi-An Lo
Alexandra Minieri
Lindsay Murn
Louise Overington
Hartini Abdul Rahman
Trisha Raque-Bogdan
Megan A. Thoen (Martinez)
Stephen Trapp
Jeritt Tucker
Angela P. Vargas
Valene Whittaker
Kerrie Wilkins

# WAIKIKI BEACH MARRIOTT RESORT & SPA 2013 APA HOSPITALITY SPACE IN HONOLULU



We are pleased to announce that Waikiki Beach Marriott Resort & Spa (http://www.marriott.com/hotels/travel/hnlmc-waikiki-beach-marriott-res) will be location for our Hospitality Space for APA 2013 in Honolulu. Please find attached form for Hospitality Space requests for APA 2013 in Honolulu and submit your requests for meeting space, catering, and room/AV needs to ayse@purdue.edu by March 11, 2013. More information and catering options will be available on the SCP website. We will do our best to accommodate all requests, and please understand that not all requests may be granted due to space limitations.

Ayse Ciftci & Clare Rountree



### HOSPITALITY SPACE RESERVATIONS FOR APA 2013 IN HONOLULU, HAWAII

Division 17 Hospitality Committee is accepting requests for meeting space for the American Psychological Association's Annual Convention in Honolulu, August, 2013. If you would like to schedule a meeting in the Hospitality Space, please contact Ayse Ciftci, Ph.D at <a href="mailto:ayse@purdue.edu">ayse@purdue.edu</a> by March 11, 2013. In your request, please include the approximate number of people you expect at your meeting and whether or not you will need catering (just yes or no). We will put out a call for specifics after we have received hotel information and banquet menus. Thank you.

Person Making Request:	
Purpose of Meeting:	Expected Number of People:
Catering:	
□ Yes □ No	
Other Requests/Accommodations:	
Other Requests/Accommodations.	
Contact Information	
Name:	
Telephone:	
Email:	



#### SCP LEADERSHIP ACADEMY 2013: PARTICIPANT'S REFLECTIONS

The 2013 SCP Leadership Academy (LA) was held following the National Multicultural Conference and Summit, with 5 students and 5 early career professionals coming together to further develop their leadership potential in a multicultural context. This second iteration of the Leadership Academy built on last year's inaugural LA with similar activities, but in a shorter time frame. LA faculty guided participants through discussions of what it means to be a leader in SCP with particular emphasis on understanding the influence of intersecting identities on leadership development. The participants met with and observed the SCP Executive Board's interactions during the midyear meeting, and processed their observations. In our discussion of paths to leadership, LA faculty Melba Vasquez, Barry Chung, and Julia Phillips shared personal stories of involvement and service. These leaders shared successes, challenges, and even failures as a means of encouraging participants to persevere as they pursue ways to enact their passion and provide service to the field, to valued communities and to society. Throughout the weekend, faculty members Katharine Hahn Oh and Zoeann Finzi-Smith also provided invaluable role modeling as an early career leader and student leader, respectively. Faculty member Sandy Shullman will also join us in Hawaii to further the participants' leadership journeys. Following are the reflections of some of our participants. Please be sure to join us in Hawaii for programs related to the Leadership Academy.

#### Jennifer Chain



I am grateful for the opportunity to participate in the Leadership Academy this year. The weekend far exceeded my expectations. I was touched that our faculty spent so much time and effort to create an amazing experience for us. I appreciate getting to know the leadership journey of current Executive Board members and reflecting on my own experiences and goals for

leadership in SCP. The readings and discussions of the Leadership Academy focused predominately on the multicultural context of leadership. The faculty provided alternative models of leadership that is more congruent with the culture and lead-

ership styles of women of color. As a woman of color, I felt that I am valued for my strengths and potential contributions to Division 17. This experience demystified leadership in APA for me. I now understand the history and systems of SCP on a personal level. I can also begin to see my place within SCP as a future leader. The weekend went by so fast and at the same time, I felt that I have gotten to know the faculty and my fellow participants deeply. Life-long relationships were established in Houston. I came back to Eugene feeling rejuvenated, motivated and proud to be a counseling-psychologist-in-training.

#### Bryana H. French, Ph.D.

My experience at the Division 17 Leadership Academy (LA) was nothing short of amazing. After an invigorating National Multicultural Conference and Summit, participating in the Leadership Academy reignited my passion for social justice work and research. As we read the Heppner, et al. (2000) and Delgado-Romero, et al. (2012) chapters on Counsel-



ing Psychology history and maturation, I was reminded of how phenomenal Division 17 is, and of the important work so many counseling psychologists have done to lead psychology and the broader society in multiculturalism and social justice. As a leadership academy participant I realized, from reading Dr. Melba Vasquez's chapter on women of color leaders, just what an essential role we have as counseling psychologists to lead the field, and recognize what I can bring to this need as a Woman of Color. The Leadership Academy also demystified the process of becoming a leader within APA and I felt honored to hear about the process and pathways that leaders in APA have experienced including Drs. Rosie Bingham, Melba Vasquez, Barry Chung, and Julia Phillips. The faculty were all warm, receptive, encouraging, and transparent. Being able to participate in the Division 17 Mid-Year meeting was particularly helpful to better understand how governance works and the process of decision making, strong leadership, and collaboration. Finally, the connections I made with my fellow LA participants were equally exciting and powerful in my career development. I am certain that these dynamic individuals will



### SCP LEADERSHIP ACADEMY 2013: PARTICIPANT'S REFLECTIONS (continued)

continue to push me to think outside of the box and will form relationships that I will cherish throughout my career. As I reflect on my experience at the Leadership Academy, I am realizing now more than ever the importance of continuing and expanding Counseling Psychology's legacy in this changing global context. I feel so fortunate to be among leaders in the field - and have a sense of responsibility to help it flourish.

#### James Lyda, Ph.D.

Imagine an experience in which you are surrounded by diverse, yet like-minded people at all stages in their careers, each of whom has a vested interest in supporting their communities, of which you have now become a part. That was the leadership academy experience for me. It reinforced the notion that lead-



ership comes in all forms, from the wise elder to the energetic student. I had the privilege of being selected with a cohort of some of the best and brightest people I'll ever meet. As an early career Leadership Academy participant, it was extremely energizing and rejuvenating to be able to connect with early career peers. Just as importantly for me, being able to connect with extremely impressive student academy participants afforded me the opportunity to reflect on my own career journey

thus far, and even pass along some of my own experiences. Bearing witness to the early stages of greatness in my peers, and being able to say, 'I was there when,' is an awesome thing.

"Be willing to try, show up, and do a good job." Important words, but when they come directly from the likes of a Dr. Melba Vasquez, a Dr. Barry Chung, a Dr. Rosie Phillips Bingham, a Dr. Julia Philips, a Dr. Katharine Hahn Oh, or star-inthe-making Zoeann Finzi-Smith, they tend to stick with you. (Apologies for the name dropping, but believe it or not these were the 2013 Leadership Academy faculty!) From a practical standpoint, the leadership academy provides hands-on insight into the inner workings of the Society of Counseling Psychology. A great opportunity, yes, but any SCP member can sit in on the meetings, or go to the website and look up an org chart. More importantly, what the Leadership Academy did for me was to bring to light that "the Society" is made up of real, down-to-earth human beings, who happen to be some of the biggest names in our field. People who are so excited to talk to you, provide support, and nurture you as a developing professional. Making those real, human connections demystified the process required to obtain leadership opportunities, making it seem less intimidating. I found myself saying, 'okay, I think I can sit in that person's seat someday.' Why? Because participation in the academy made me feel like I already had a seat at the table. Now, all I have to decide is where to go from here, and opportunity abounds.

### **ANNOUNCEMENTS**

#### COUNSELING HEALTH PSYCHOLOGY STUDENT RESEARCH AWARD

The Division 17 Section on Counseling Health Psychology announces its annual **Student Research Award** to encourage and reward research in areas related to counseling health psychology. This competitive award will be given each year to a student affiliate of Division 17 who has completed a research project on any topic related to counseling and health. Only pre-doctoral research that has not yet been published will be considered for the award. An abbreviated version of the winning paper will be published in the Section Newsletter *Coun-*

seling for Health. The winner will be announced at the annual APA convention. The winner will also receive a cash award of \$100 and a plaque suitable for framing.

#### **Eligibility**

All of the research work must have been completed while the candidate was a full-time student and the student must be the primary (first) author. Research may include work leading to

### **ANNOUNCEMENTS**



#### COUNSELING HEALTH PSYCHOLOGY STUDENT RESEARCH AWARD (continued)

a masters or doctoral degree or may be an independent study. Studies that are initiated by the student or for which the student has primary responsibility from beginning to end may be submitted for consideration for this award. All candidates must be student affiliate members of Division 17. Research can consist of qualitative or quantitative studies although literature reviews alone will not be considered.

#### **Instructions for Submission**

- Three copies of the manuscript resulting from the research. The manuscript should be in APA format and no longer than 20 typed, double-spaced pages including tables, figures, and references.
   Papers exceeding this limit won't be considered.
- A letter from the student's faculty advisor. The letter should describe the degree to which the candidate had responsibility for the project objectives, design, data collection, data analysis, and manuscript preparation.

Submissions will be accepted right away but must be received no later than June 1st, 2013. Faxed copies will not be accepted. The paper should be emailed to MKeitel@Fordham.edu and 3 hard copies mailed to the address below.

Submissions will be reviewed anonymously and ranked by members of Div. 17 Section on Counseling Health Psychology. Submissions will be rated on methodological rigor, clarity of writing, and contribution to the literature.

Merle Keitel, Ph.D.
Division of Psychological and Educational Services
Graduate School of Education
Fordham University
New York, NY 10023

#### REQUEST FOR PROPOSALS: DIVISION 17 COUNSELING PSYCHOLOGY GRANTS

# American Psychological Foundation (APF) Mission and Funding

The APF provides financial support for innovative research and programs that enhance the power of psychology to elevate the human condition and advance human potential both now and in generations to come. It executes this mission through a broad range of scholarships and grants. For all of these, it encourages applications from individuals who represent diversity in race, ethnicity, gender, age, disability, and sexual orientation.

The Division 17 Counseling Psychology program supports activities for the advancement of counseling psychology. Its description, application requirements, and procedures appear below.

#### Description

This program was established in 1998 by the Society for Counseling Psychology (APA Division 17) to sponsor any of a wide range of activities aimed at enhancing the science and practice of counseling psychology. Included are basic and applied research, literary, and educational activities. About \$5,000 is available to fund projects for 2013.

#### **Program Goals**

- Encourage scientific, scholarly, and educational activities in counseling psychology
- Encourage research in implementation of innovative counseling programs and models

### **ANNOUNCEMENTS**



# REQUEST FOR PROPOSALS: DIVISION 17 COUNSELING PSYCHOLOGY GRANTS (continued)

#### **Eligibility Requirements**

- Membership in Society for Counseling Psychology
- Educational Institution or 501(c)(3) nonprofit organization or affiliation therewith
- IRB approval must be received from host institution before funding can be awarded if human participants are involved

#### **Evaluation Criteria**

- Conformance with stated program goals
- Magnitude of incremental contribution in specified activity area
- Quality of proposed work
- Applicant's demonstrated competence and capability to execute the proposed work
- Criticality of funding for execution of work (particularly if part of a larger funded effort)

#### **Proposal Requirements**

- Description of proposed project to include goal, relevant background, target population, methods, expected outcomes
- Format: 5-10 pages (1 inch margins, no smaller than 11 point font)
- CV of the project leader
- Total cost of the project, including a detailed budget

#### **Submission Process and Deadline**

Submit a completed application online at http://forms.apa. org/apf/grants/ or email a completed application to wbw-alsh@sbcglobal.net by April 2, 2013.

Questions about this program should be directed to Parie Kadir, Program Officer, at pkadir@apa.org or to Bruce Walsh at wbwalsh@sbcglobal.net.

# REQUEST FOR PROPOSALS APF JOHN AND POLLY SPARKS EARLY CAREER GRANT

For Psychologists Investigating Serious Emotional Disturbance (SED)

#### About the American Psychological Foundation (APF)

APF provides financial support for innovative research and programs that enhance the power of psychology to elevate the human condition and advance human potential both now and in generations to come.

Since 1953, APF has supported a broad range of scholarships and grants for students and early career psychologists as well as research and program grants that use psychology to improve people's lives.

APF encourages applications from individuals who represent diversity in race, ethnicity, gender, age, disability, and sexual orientation.

#### About the John and Polly Sparks Early Career Grant

The John and Polly Sparks Early Career Grant supports early career psychologists conducting research in the area of early

intervention and treatment for serious emotional disturbance in children.

The John and Polly Sparks Foundation partnered with APF to empower early career psychologists to produce scientifically – based research and programs that could provide models for broad-based applications across the country.

APF supports original, innovative research and projects. Although APF favors unique, independent work, the Foundation does fund derivative projects that are part of larger studies.

#### **Program Goals**

The John and Polly Sparks Early Career Grant

• Empowers early career psychologists to produce scientifically – based research and programs (on serious emotional disturbance) that could provide models for broadbased applications across the country.

# **ANNOUNCEMENTS**



# REQUEST FOR PROPOSALS APF JOHN AND POLLY SPARKS EARLY CAREER GRANT (continued)

For Psychologists Investigating Serious Emotional Disturbance (SED)

 Encourages early career psychologists to devote their careers to methods of intervention and treatment for serious emotional disturbance in children.

#### Amount

One \$10,000 annual grant

APF does not allow institutional indirect costs or overhead costs. Applicants may use grant monies for direct administrative costs of their proposed project.

#### **Eligibility Requirements**

Applicants must:

- Be a psychologist with an EdD, PsyD, or PhD from an accredited university
- Be no more than 7 years postdoctoral

#### **Evaluation Criteria**

Proposals will be evaluated on:

- ☐ Conformance with stated program goals and qualifications
- ☐ Quality and impact of proposed work

Innovation and	contribution	to the	field	with
proposed proje	ct			

☐ Applicant's demonstrated competence and capability to execute the proposed work

#### **Proposal Requirements**

Detailed proposal which describes the proposed
project, methodology and the applicant's qualifica-
tions; and includes a detailed budget and justification

☐ Current CV

☐ Two letters of support

#### **Submission Process and Deadline:**

Submit a completed application online at http://forms.apa.org/apf/grants/ by May 15, 2013. Please be advised that APF does not provide feedback to applicants on their proposals.

Questions about this program should be directed to Parie Kadir, Program Officer, at pkadir@apa.org.



### **Advertising Guidelines**

To submit an advertisement for inclusion in the SCP newsletter, contact Dawn M. Szymanski, at dawnszymanski@msn.com. After the advertisement has been approved, payment in the form of check or money order can be sent to the Division 17 Treasurer:

Michael Mobley, Ph.D.

Department of Educational Psychology
Graduate School of Education

10 Seminary Place • New Brunswick, NJ 08901-1183

Advertising Rates and standard sizes Full Page (8" x 10") = \$350

Half Page  $(8" \times 5") = $175$ 

Quarter Page (e.g.  $5\frac{1}{4}$ " x 4") = \$100



# Membership Application 2013 Society of Counseling Psychology Division 17

A division of the American Psychological Association

Name:	APA Membership Number	
Address:	(if applicable)	
Audi 655	APA Status (if applicable):	
	☐ Fellow ☐ International Affiliate	
	☐ Member ☐ Graduate Student	
	☐ Associate Member ☐ Undergraduate Student	
Phone:	Membership Categories/Dues:	
Fax:	☐ <b>Member/Fellow</b> . APA member or fellow who wishes to join Div. 17. (\$37)	
E-mail:	□ Recent Graduate Member/Affiliate. Completed doctoral	
Highest Degree:	degree within the previous year. Membership fee waived for first year.  Professional Affiliate. Masters or doctoral level counseling psychologist (or related discipline) who is not an APA member and who wishes to join as a non-voting member. (\$70)  International Affiliate. Masters or doctoral level counseling psychologist (or related discipline) who need not belong to APA and who wishes to join as a non-voting	
School:		
Date Awarded:		
Work Setting:		
Position:		
Gender:	member. (\$17)	
□ Female □ Male	☐ Graduate Student Affiliate. (\$17) Please obtain a	
☐ Transgender (please specify)	signature from the program chair or your faculty advisor	
	verifying that you are a graduate student in the program	
Race/Ethnicity (check all that apply):	indicated.	
☐ African American/Black ☐ Asian American	□ Undergraduate Student Affiliate. (\$17) Please obtain a	
□ Native American/Alaskan □ Latino/Latina	signature from a faculty member to verify that you are an	
☐ European American/White ☐ Biracial/Multiracial	undergraduate student.	
☐ International (please specify)		
□ Other:	Chair/Advisor/Faculty Member's Signature Date (for student affiliates only)	
Payme	ent Options	
Check or money order in US dollars, drawn on a US Bank payab	le to "APA Division 17"	
Credit card:  • Please Circle – Visa MC or American Express only: Ca	rd number:	
Figure Circle – Visa, MC of American Express only. Ca     Expiration date (Month/ Year):  Name on	rd number: card if different than above:	
Billing address for cardholder if different than above:	cura ii direcont than above.	
I authorize the above checked amount to be billed to my	credit card	
Cardholder's signature		

**Please mail to:** APA Division Services Office, 750 First Street NE, Washington DC 20002-4242. If you wish to join APA, contact APA Membership at the previous address or (800) 374-2721 or e-mail: <a href="mailto:membership@apa.org">membership@apa.org</a>.