

APA DIVISION 17
INTERNATIONAL SECTION

2025-2026 WINTER
NEWSLETTER

THE INTERNATIONAL COUNSELING PSYCHOLOGIST

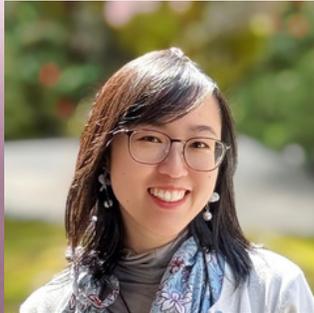


TABLE OF CONTENTS

CONTENTS

Greetings from Co-Editors	3
Greetings from Co-Chairs	4
Greetings from U.S.-Based Co-Chairs	6
Reports for Committee Officers	7
◦ Communications Manager	
◦ International Psychology Practitioners Committee	
◦ International Mentoring & Orientation Committee	
◦ Student Representatives	
APA 2025 Highlights	12
2025 Award Winners	14
◦ Lifetime Achievement Award	
◦ Excellent Contribution Award	
◦ Grad Student Research Award	
Announcements	20
Research Shareouts	21

GREETINGS FROM CO-EDITORS



We are honored and excited to continue serving as Co-Editors this year and to continue support the global engagement and scholarship of our vibrant international community. It is a privilege to collaborate with members who are dedicated to advancing international counseling psychology through scholarship, practice, advocacy, and partnership.

This year, we remain focused on fostering meaningful connections across cultures, amplifying diverse voices, and creating opportunities for scholarly dialogue and professional development within our section. The ICP continues to be a dynamic space for sharing knowledge, building partnerships, and addressing global mental health concerns with cultural humility and social responsibility.

In this newsletter, you will find updates on section initiatives, highlights from recent APA conferences, introductions to our leadership team, and reflections on ongoing and upcoming scholarly and advocacy activities. We hope these contributions offer insight into the collective work of our members and inspire continued involvement.

We warmly invite you to stay engaged, share your ideas, and participate in ICP activities throughout the year. Your involvement is essential to sustaining the strength and impact of our section. Thank you for your continued commitment to the ICP and to the field of Counseling Psychology. We look forward to working together and to another year of growth, collaboration, and global connection.

With appreciation,
Sin U Lam and Shreya Singh

GREETINGS FROM CO-CHAIRS



Dear ICP Members,

I hope this message finds you safe and well.

The recent killings of Renee Nicole Good and Alex Pretti in Minneapolis during an ICE (U.S. Immigration and Customs Enforcement) operation had shaken communities across the nation. These tragedies represent not only devastating losses to the families, but also cast a long shadow over immigrant communities everywhere.

As a first-generation immigrant and former international student, I (Kayi) feel the weight of this moment deeply. When law enforcement actions against immigrant communities turn fatal, the shared sense of vulnerability becomes a profound source of collective trauma. As a returned professional now in the majority in my home country, I (Ae-Kyung) am also mindful that my privilege is intertwined with the marginalization and hatred toward immigrants and refugees.

While the International Section of Division 17 does not take political positions, we stand firmly on the side of humanity. Respect for life, dignity, and justice are universal principles that guide our Division and our identities as counseling psychologists. Over the past year, ongoing changes and uncertainties in immigration policies have disrupted professional development, training experiences, and overall well-being within our international community. These ripple effects extend to international students, scholars, practitioners, and their families.

GREETINGS FROM CO-CHAIRS (CON'T)

We recognize that such shifts create significant uncertainty, stress, and isolation for many students, visiting scholars, and professionals at various career stages who rely on J-1, F-1, and H-1B visas to live and work in the United States. We also acknowledge that international students and professionals in many other countries face similar threats and challenges, calling for a global perspective on structural inequality. In moments like these, our role as colleagues, mentors, and a professional community is more important than ever.

We invite you to join us in the following commitments:

- Stay informed about immigration and policy developments
- Raise awareness and educate others within your spheres of influence
- Advocate at individual, institutional, and organizational levels
- Offer support to international students and colleagues who may feel isolated or powerless

Together, we can strengthen our community, support our training programs, and help secure the future of our field. ICP will continue to provide immigration and visa-related resources, host monthly virtual support spaces for students and early-career international professionals, and engage in advocacy for ICP members through collaboration with Division 17 and APA.

In this newsletter, we invite you to get to know our new Executive Board officers, and to hear our ongoing efforts in uplifting voices of our members through different committee work. Additionally, we offer highlights of our gatherings at the annual APA convention in Denver, and reflections from our recent award recipients on their professional journeys. As we look ahead to 2026—the Year of the Horse—may this newsletter inspire resilience, activism, and collective strength as we continue our journey together.

With warm regards and solidarity,
Kayi & Ae-Kyung



GREETINGS FROM U.S.-BASED CO-CHAIR ELECTS (2026-2028)



Jiyoon Lee, Ph.D.

I am honored to serve as the incoming U.S. based Co-Chair for ICP. I am working as a staff psychologist/team leader at New York University's Counseling and Wellness Services. For the past decades, the ICP community profoundly has impacted on my professional and personal as well as social identity by never-ending mentoring, leadership and companionship with my mentors and colleagues through ICP. ICP helped me collaborate with ICP members in various leadership positions for professional development and social justice advocacy since my early career.

I hope to continue contributing to holding the space and expanding the connections with ICP leaders and members for our ongoing professional and personal growth while collectively working together to break through the challenges during these uncertain times.

GREETINGS FROM NON-U.S.- BASED CO-CHAIR ELECTS (2026-2028)



**Ethan Sahker,
Ph.D.**

I am honored and deeply grateful for the confidence you have placed in me by electing me to serve as Non-US Based Co-Chair of ICP. Thank you for this opportunity to contribute to our shared mission. I am excited to collaborate with all of you as we continue advancing international counseling psychology, promoting global well-being, and strengthening our professional community.

I am currently a Junior Associate Professor in the Graduate School of Medicine at Kyoto University in Japan, and I earned my PhD in counseling psychology from the University of Iowa. My research has always focused on global health by examining health disparities in addition to treatment and universal mechanisms in mental health.

As Co-Chair, I plan to continue the Section's work of developing greater long-term engagement from our international member base. I hope to expand the work with wider recruitment from alternative international fields in counseling in addition to traditional CP disciplines. I believe developing more student leadership roles and spaces for students to flourish is key to strengthening our section's engagement. In all, my goal is to expand our reach and engagement. My hope is that these incremental steps will serve as a foundation for larger opportunities for our international colleagues.

I look forward to working closely with our executive board and membership in the coming years. Please feel free to reach out—your ideas, feedback, and partnerships are essential.

With appreciation,
Ethan Sahker, PhD

REPORTS FROM COMMITTEE OFFICERS

COMMUNICATIONS MANAGER

Masatsugu Sakata & Ethan Sahker

Hi everyone,
I'm Masa Sakata from Nagoya, Japan, and I serve as the Communication Manager for the International Section, working together with Dr. Ethan Sahker. Please feel free to follow our social media accounts below, and let me know if you have any news or announcements related to ICP—we would be happy to share them.

X: [APA Div 17. ICP on X](#)

Instagram: [APA Div 17 ICP. Instagram](#)



Committee Activities in 2025

In 2025, our primary efforts centered on strengthening the communication infrastructure of the International Section and expanding our global outreach. Together with Dr. Ethan Sahker, I worked on the maintenance and improvement of the ICP website and listserv, ensuring smoother information flow for members across regions and time zones. To enhance our visibility and engagement, we launched new official X (formerly Twitter) and Facebook accounts for ICP. These platforms allowed us to broaden communication with international practitioners, share resources, and highlight global perspectives within counseling psychology. We plan to continue developing these channels to ensure sustained and accessible communication with our members.

APA 2025:

Self-Initiated Symposium At APA 2025 in Denver, I collaborated with Hung Chiao, Shucang Kang, and Ethan Sahker to organize the self-initiated symposium: "Decolonizing Western Interventions in Foreign Countries: Research, Supervision, and Practice." The session brought together perspectives from outside the United States and generated rich discussion on how decolonization efforts are conceptualized and practiced globally. It was especially meaningful to engage in dialogue about how Western-derived interventions are adapted, resisted, or transformed in various sociocultural contexts. The symposium highlighted diverse experiences and underscored the importance of international voices in shaping decolonial inquiry within counseling psychology.

Reflections and Future Directions

Our work this year demonstrated the importance of sustained communication and international collaboration. The increased visibility of ICP across digital platforms, combined with meaningful scholarly exchanges at APA 2025, helped strengthen the global community of counseling psychologists. In the coming year, I hope to continue expanding our communication channels, increase opportunities for regional spotlights, and support initiatives that amplify perspectives from outside the U.S., particularly around issues such as decolonization, cultural adaptation, and international training experiences.

REPORTS FROM COMMITTEE OFFICERS

SECRETARY

**Latifat O. Cabirou,
Ph.D. (she/her)**



I am honored to serve as the new secretary for ICP. I look forward to serving this community by building upon the strong foundations set by my predecessors and expanding ICP's reach to better support and represent psychologists across diverse global contexts.

I am an Assistant Professor of Counseling Psychology in the College of Education at Auburn University where I teach courses in clinical practicum supervision, research colloquium, multicultural counseling, and professional seminar. I also direct the I-RISE (Immigrant, Racial Identity, and Socialization Experiences) Lab, which examines the experiences of immigrant, racial, ethnic, and cultural minority populations. My research particularly focuses on the racial socialization and acculturation experiences of Black immigrants in the U.S. It also explores attitudes and behaviors related to professional mental health help-seeking.

I look forward to learning from and working alongside all of you so don't hesitate to reach out.

REPORTS FROM COMMITTEE OFFICERS

INTERNATIONAL PSYCHOLOGY PRACTITIONERS COMMITTEE

Jingjing Liu & Stephanie Chong

Hi everyone,

As the co-chairs of this committee. We would like to welcome you to join us for your IPPC monthly meetings. We are a committee that meets monthly for international practitioners in the U.S.

Stephanie is a psychologist at the University at Buffalo, and Jingqing is a psychologist in private practice in Oregon.

ANNOUNCEMENTS

The International Psychology Practitioners Committee (IPPC) of Div. 17 International Section is dedicated to providing support and peer mentoring to international practitioners across the United States. IPPC offers monthly virtual peer-support meetings for international practitioners in the U.S. Come join us! Feel free to contact Jingqing Liu at jingqing.liu@gmail.com or Stephanie Chong at sschong.sc@gmail.com if you are interested in learning more about IPPC or want to join us.



Committee Activities in 2025

Our monthly peer-support meetings are for our 20 and growing members who are international psychology practitioners. The meetings have been virtually held to maximize accessibility and attendance. We strive for creating a collective supportive space where members meaningfully reflect on acculturation processes, global perspectives, and challenges working at an agency, career transitions (e.g., counseling centers, private practice, leadership opportunities). Topics of discussion often include adapting to workplace culture and supporting clients amid challenging sociopolitical contexts. The IPPC continues aiming at providing a welcoming professional home for any international psychology practitioners.

We celebrate one another's professional achievements, and process challenges we experience as international practitioners. To continue to listen to our members' authentic narratives of lived experiences in a nonjudgmental atmosphere, embracing our differences in age, gender, ethnicity, nationality, and career stages.

REPORTS FROM COMMITTEE OFFICERS INTERNATIONAL MENTORING AND ORIENTATION COMMITTEE

NaYeon Yang

Hi everyone,
My name is NaYeon (NY; she/her), and I am the new Chair of the International Mentoring and Orientation Committee (IMOC). I am deeply honored to serve as the IMOC Chair and to follow in the footsteps of the many dedicated leaders who have shaped this committee. My interest in supporting international students and scholars is rooted in my own training as an international doctoral student. During that time, ICP was a place where I received guidance and support at critical moments in my professional development. I am grateful for the opportunity to give back and to support international students as they move toward becoming counseling psychologists.

Our community has faced significant challenges in recent years. International students continue to navigate uncertainty in higher education, immigration-related stressors, and the broader sociopolitical climate while balancing the demanding roles of researcher, therapist, and student, often within the context of multiple intersecting identities. Amid these challenges, I continue to be inspired by the ICP community's commitment to advocacy, care, and community support. It has been a privilege to serve in this role alongside dedicated colleagues and to contribute to these collective efforts. IMOC remains committed to supporting international students in meaningful and practical ways.

As IMOC Chair, my work has been guided by the committee's core mission to foster dialogue and communication around issues that international counseling psychology students navigate, to promote connection and mutual support among students and professionals, and to provide mentoring opportunities that support both personal wellbeing and professional development.



In collaboration with Sinhye Lee, a doctoral candidate at the University of Georgia and Chair of the IMOC Mentoring Subcommittee, we have been hosting monthly virtual support spaces for international students. These spaces are designed to respond to students' evolving needs by offering opportunities for open dialogue, peer connection, and tailored support, including discussions related to internship and broader professional development. We are committed to continuing these support spaces as a sustained mentoring initiative.

In the coming months, IMOC will invite guest speakers to host events focused on the professional development of international students, with topics related to research and clinical career pathways. We are also excited to collaborate with AAPA to offer a CPT and OPT webinar in Spring. We strongly encourage international students to attend, as immigration-related issues are a crucial component of navigating one's academic and professional journey in the United States.

At the upcoming APA Convention this August in Washington, DC, IMOC will continue its tradition of hosting an in-person event dedicated to international counseling psychology students. This event will include roundtable discussions on topics such as applying for internship, job searching, research and publication, and other professional development concerns identified by students. I still remember attending this roundtable as an early doctoral student and how helpful it was to receive support from those who had gone before me, while also connecting with others navigating similar professional paths.

We look forward to connecting with you in the months ahead and to seeing many of you in DC this August.

REPORTS FROM COMMITTEE OFFICERS

STUDENT REPRESENTATIVES

PERSONAL AWARDS WITHIN 2025

Student
Affiliates of
Seventeen's
2025 Award for
Outstanding
Dedication to
Advocacy in
Counseling
Psychology



Finneas (he/him)

Hi everyone,

Greetings ICP members! My name is Finneas (he/him), and I am an international counseling psychology doctoral student from Hong Kong currently studying at Arizona State University. My research interest includes examining the intersection between racial-ethnic and gender identities, associated risk and protective factors, and related mental health and psychosocial outcomes. I am particularly interested in understanding how trans and nonbinary youth and young adults of color navigate, negotiate, and communicate their identities with their parents. I am honored to serve alongside with Nishi as the ICP student representatives for 2024-2026. Through this role, I look forward to cultivating active engagement of section members through event organization, increasing visibility and exposure of the work done by international scholars through webinars and invited talks, and continuing efforts in advocating for Counseling Psychology to be recognized as STEM-designated on a federal level.

2025 APA HIGHLIGHTS



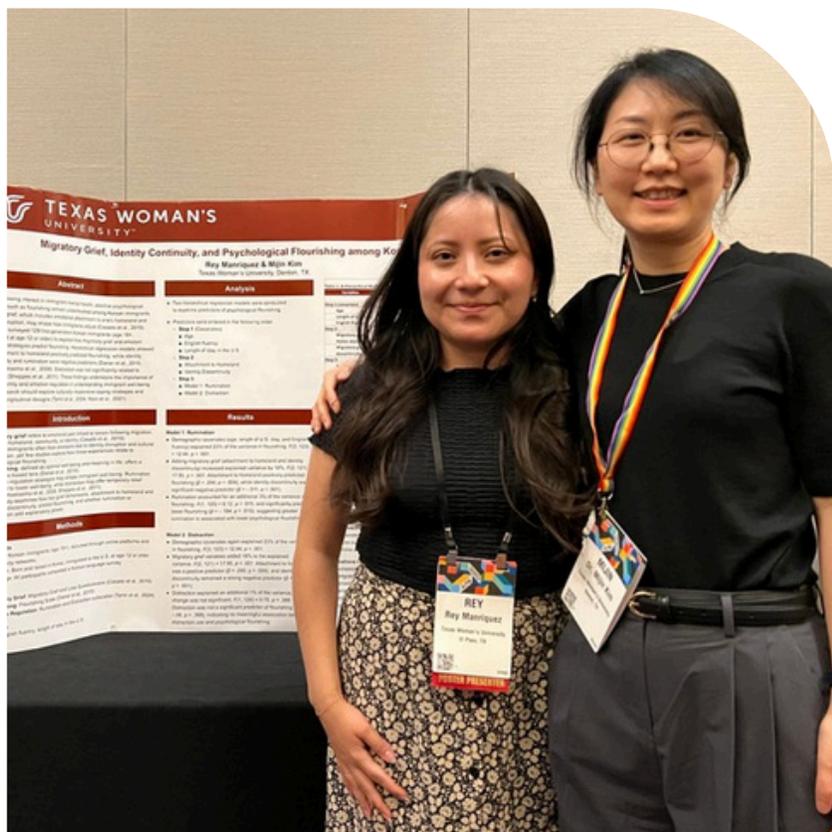
**Pre-Convention
E-Board Reunion**



Welcome Breakfast & Award Ceremony



2025 APA HIGHLIGHTS



2025 APA HIGHLIGHTS

IMOC Mentoring Roundtables



Welcome Breakfast & Award Ceremony



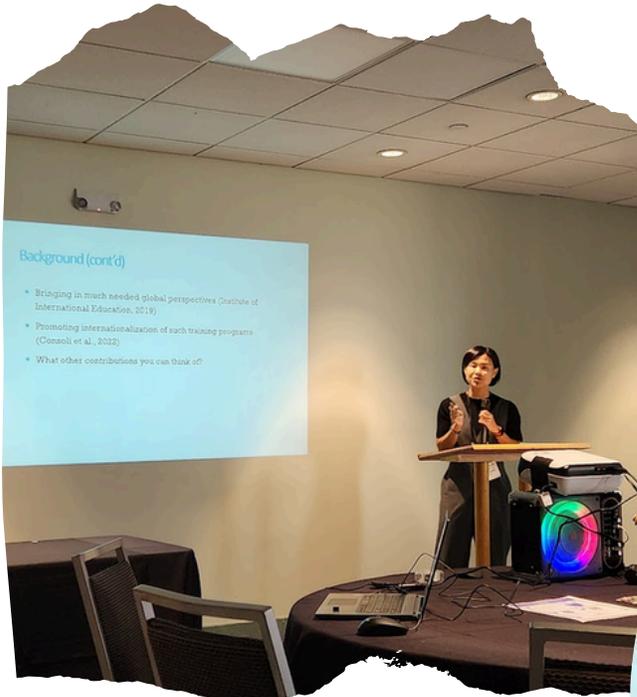
IMOC Mentors and Mentees



2025 APA HIGHLIGHTS



ICP-Sponsored Symposium: Decolonizing Western Interventions in Foreign Countries: Research, Supervision, and Practice



2025 AWARDEES

L I F E T I M E A C H I E V E M E N T A W A R D



Jinhee Kang, Ph.D. **Flow Counseling & Consulting, LLC**

I am deeply honored and profoundly grateful to receive the Lifetime Achievement Award from the International Counseling Psychology Section. I extend my sincere thanks to the International Counseling Psychology Awards Committee for recognizing my dedication to international counseling psychology as a practitioner, and to Dr. Bongjoo Hwang for nominating me for this award. This recognition is a meaningful affirmation of my lifelong commitment to the international counseling psychology community.

As I reflect on this unimaginable honor, I am reminded of the saying, “It takes a village to raise a child.” Once a professional child myself, I was lovingly raised by my village. Throughout my journey as an international counseling psychology practitioner, I have been nurtured and supported by extraordinary village elders whose generosity and belief in me shaped who I have become. Their love taught me the importance of paying it forward—of helping build a village for the next generation of international counseling psychologists.

I have been blessed by a village that embraced me as one of their own. Among them was the late Dr. Helen Roehlke, my professional mother. She never saw me as an insignificant foreign psychology student struggling with English. Instead, she believed deeply in my potential to contribute to the evolution of counseling psychology—from an American-centered field to one that is truly international and grounded in multicultural humility.

How did she do this? She made me feel that I mattered. Even during times when I withdrew in despair and stopped returning her calls, she never gave up on me. She recognized the emotional pain I carried as a foreigner and continued to reach out with compassion and persistence. Alongside my mentors at the University of Missouri–Columbia, she empowered me to create new professional villages for those who had been marginalized or othered, using the love and strength I had received from my own. Their encouragement transformed my differences into assets and enabled me to create programs and communities with lasting impact.

Graduate Training and Early Initiatives

My passion for serving international students and immigrant communities began during my graduate training in the Counseling Psychology program at the University of Missouri–Columbia. As a graduate assistant, I created the role of International Program Coordinator at the Women’s Center, where I developed programs addressing the distinct and often overlooked needs of international students and their families. These services proved essential and have continued through the work of subsequent international graduate assistants.

During my predoctoral internship, I was similarly encouraged to develop culturally and linguistically responsive programs. These formative experiences solidified my professional identity and strengthened my commitment to mentoring international trainees and serving immigrant communities.

University Counseling Center Work

As a staff psychologist in university counseling centers, I remained dedicated to addressing the unmet and often invisible needs of international students. I collaborated with campus partners—including Global Education, Multicultural Affairs, and Residential Life—to promote awareness of diversity, inclusion, and cross-cultural concerns. In my role as a clinical supervisor, I prioritized the empowerment of international trainees by affirming their multilingual and multicultural identities and highlighting their unique contributions—just as my mentors had once done for me.

Leadership, Mentoring, and Advocacy

Through my work in academic settings, I became increasingly aware of the systemic challenges faced by international trainees, including academic, linguistic, and cultural barriers, often compounded by discrimination. After joining the International Section of Division 17 (APA), I advocated for greater visibility, support, and leadership opportunities for international trainees and early career psychologists.

To address the marginalization of international practitioners, I initiated the International Psychology Practitioners Committee within the International Section and served as its founding chair. Through monthly meetings and APA convention programming, the committee has provided mentoring and professional support, helping many trainees and early career psychologists grow into leadership roles within Division 17 and the International Section.

2025 AWARDEES

EXCELLENT CONTRIBUTION AWARD

Hana Suzuki, Ph.D. (Ritsumeikan University)

I am deeply humbled and honored to receive the Excellent Contribution Award. I would like to express my appreciation to Dr. Hung Chiao for nominating me and to the International Section of the APA Division 17 for recognizing my work in the field of international counseling psychology. Looking back on my life, my passion for international work roots in my experiences as an international student in the US and as a returnee studying and working in Japan, and my work expanded beyond those two countries as my both professional and personal life proceeded forward. My first and foremost principal in my work is that the people are the experts, not me as a psychology professional, and my work as a psychology professional is to bring up the voices of those experts because they are often buried and unheard.

My career in international counseling psychology started from working with international students in a university setting. My work ranged from developing preventive interventions, providing counseling and crisis interventions to creating a safe and welcoming campus for all. There, I witnessed the beauty of strengths in all students that they had in one way or another. My service work in international psychology settings includes the membership officers and co-chair of the international section and other executive board and administrative roles in charge of international affairs and education in psychology organizations and universities.

They all had its perks and challenges, but it really opened my eyes to inequality and injustice in science and education around the world. My work has always been coupled with my love for traveling, which always encouraged me to see the people and their lives from their lens.

I cannot reiterate enough that the world needs more of us, international counseling psychologists, with compassion and understandings of what is going on in the current world - wars, human rights violations, political conflicts, and threats to our humanity. Even within the field of psychology, colonialism and colonial mentality is still prevalent. I always double-check my Westernized worldviews and try to be conscious about my unconsciously colonizing and colonial mindsets; however, when I visit a country or a region for the first time or for an extended period of time and get in touch with their life, their community, their world, and their humanity, I realize that I do have my own preconceptions and I am not humble enough to varying worldviews. I believe that uncomfortable experiences in those situations keep us humble and grow our humanity.

Last but not least, I would like to extend my sincere gratitude to all my friends, family, and colleagues who invited me to their country, came all the way to Japan, took care of me, trusted me, encouraged me, took me under their wings, shared their stories with me, showed me their world, and supported me through my journey of what is called life. Without them, I would not be here or me. In solidarity.



2025 AWARDEES

GRAD STUDENT RESEARCH AWARD



Yiheng Zhou

Yiheng Zhou is a fourth-year PhD candidate in the Counseling Psychology program at the University of Iowa under the supervision of Dr. Amanda Case. Prior to the doctoral program, she received her bachelor's in economics at Peking University in China. She currently serves as the student representative in the Association of Chinese Helping Professionals and Psychologists-International (ACHPPI 国际华人心理与援助专业协会).

Born and raised in rural Hunan, China, and navigating higher education as a first-generation student, she views the academy as a vital platform to reshape the boundaries of Counseling Psychology and mobilize institutional resources for the underserved. Her research interests include work psychology, career development, and international counseling practice. Moreover, her aspiration extends to reform the system through education and community engagement. She aims to train the next generation of psychologists to be equipped with international social justice competence.

● Dissertation

Work Conditions, Dignity, and Well-being Across Practice Settings: Toward Sustainable Careers for U.S. Psychotherapists

● Awards

- 2025-2026 P.E.O. International Peace Scholarship (\$5000)
- 2025 Student Impact Grant, University of Iowa Office of the President (\$1000)
- 2024 Graduate Leadership Institute Fellowship, Asian American Psychology Association
- 2023-2024 Holmes Scholarship, Purdue University (\$2500)

Research Summary

Zhou, Y. (2025) Ethical practice in the majority world: A framework for psychotherapists trained in the minority world. *American Psychologist*. Advance online publication. <https://doi.org/10.1037/amp0001511>

My paper addresses an urgent yet underexplored issue in international counseling psychology: how therapists trained in Western, Minority World contexts can ethically and effectively practice in the Majority World, where cultural realities, systemic structures, and historical legacies differ markedly. It directly critiques the Western-centric assumptions embedded in dominant ethical frameworks in psychological practice and investigates the ethical dilemmas faced by therapists trained in Western contexts (the Minority world) who return to practice in their home countries (the Majority world). This study proposes a decolonizing ethical framework tailored for majority world contexts, which integrates international competence, decolonial theory, relational ethics, and Indigenous knowledge systems. It also emphasizes the importance of training counseling psychologists and broadly mental health practitioners to work across cultural and systemic contexts—a priority area within the field, especially as counseling psychology continues to broaden its global relevance.

The project was initially inspired by reflections on the phenomenon commonly referred to as "reverse culture shock" among therapists returning to their home countries after Minority World training. However, through deeper investigation, it became clear to me that the core issue was not merely cultural dissonance but the internalized assumption (which I held) that Western models represent the global standard for ethical and professional practice. This realization led to a broader critique of how colonial legacies continue to shape counseling psychology training and practice, often marginalizing indigenous knowledge systems and culturally relevant forms of healing.

The central merit of the paper lies in its integration of international competence models (e.g., Wang & Çiftçi, 2019), decolonial theory, and core ethical principles into a coherent, actionable framework. The proposed Decolonizing Ethical Framework includes seven guiding principles: cultural contextualization of ethics, relational ethics and attention to power dynamics, dialectical flexibility, integration of indigenous knowledge, commitment to social justice, reflective practice and cultural humility, and attention to therapist self-care and community connection. These principles are designed to support therapists in navigating complex ethical dilemmas without defaulting to the paradigms and priorities instilled during their Minority World training.

The relevance of this paper to the international community cannot be overstated. As the field of counseling psychology increasingly recognizes the need for global engagement, many scholars and practitioners face the challenge of adapting knowledge and skills developed in Western contexts to diverse international settings. This paper provides critical tools and frameworks for supporting such adaptation in an ethically responsible, culturally attuned way. It also challenges institutions and training programs—both in the Minority World and Majority World—to rethink how they prepare students for global practice, moving beyond exporting Western paradigms toward fostering genuinely reciprocal, culturally grounded forms of psychological knowledge and care.

In terms of dissemination and impact, this paper was developed with the dual aim of academic contribution and practical application. The framework and case analysis sections are designed to be easily adapted into training modules for international practicum preparation, ethics courses, and professional workshops for returning therapists. Furthermore, the broader arguments around decolonizing ethics have implications for international research collaborations, supervision models, and policymaking within professional organizations committed to global mental health equity.

Ultimately, this research work seeks not only to identify a gap in the literature but to offer meaningful, actionable solutions that advance counseling psychology's mission of promoting human dignity, cultural respect, and social justice on a truly global scale. As an international scholar in the counseling psychology field myself, I believe this work speaks to my heart as well as to many international psychologists' deep concern.

ANNOUNCEMENTS

Join us for the monthly

Support Meeting

for international students in
Counseling Psychology graduate programs

SECOND THURSDAY OF EVERY MONTH
5 PM PT / 7 PM CT / 8 PM ET ON ZOOM

NEXT MEETING: FEBRUARY 12TH (THU)

**Title: Mental Health and Well-being Among
International Students From a Research Perspective**

Attending Mentor



DR. EMMA FREETLY PORTER
ADELPHI UNIVERSITY
ASSISTANT PROFESSOR
DEPARTMENT OF PSYCHOLOGY

DR. FREETLY PORTER AIMS TO SUPPORT
INTERNATIONAL STUDENTS' MENTAL
HEALTH THROUGH CULTURAL HUMILITY
AND SYSTEMIC CHANGE THROUGH
RESEARCH



SCAN THE CODE TO REGISTER
Zoon link (or click here) <https://shorturl.at/xCDu0>



AMERICAN
PSYCHOLOGICAL
ASSOCIATION

Div 17 International Section (ICP)
International Mentoring and
Orientation Committee (IMOC)

Questions? Mentoring Subcommittee Chair: Sinhye Lee (sinhye.lee@uga.edu)

RESEARCH SHAREOUTS

Consoli, A. J., Çiftçi, A., Poyrazlı, Ş., Iwasaki, M., Canetto, S. S., Ovrebø, E., Wang, C. D. C., & Forrest, L. (2022). International Students who Became U.S. Counseling Psychology Faculty Members: A Collaborative Autoethnography. *The Counseling Psychologist*, 50(6), 874-910.

[Link](#)

The Counseling Psychologist
Volume 50, Issue 6, August 2022, Pages 874-910
© The Author(s) 2022, Article Reuse Guidelines
<https://doi.org/10.1177/00110000221098377>



Special Issue: *International Students in Counseling Psychology*



International Students who Became U.S. Counseling Psychology Faculty Members: A Collaborative Autoethnography

Andrés J. Consoli ¹, Ayşe Çiftçi ², Şenel Poyrazlı ³, Michiko Iwasaki ⁴, Silvia Sara Canetto ⁵, Elin Ovrebø ⁶, Chiachih D. C. Wang ⁷, and Linda Forrest ⁸

Group Mentoring for International Counseling Psychology Students: A Case Example

The Counseling Psychologist
2025, Vol. 53(3) 439-468
© The Author(s) 2025
Article reuse guidelines:
sagepub.com/journals-permissions
DOI: 10.1177/00110000251345084
journals.sagepub.com/home/tcp



Park-Saltzman, J., Lee, J., Kim, M., Kim, Y. H., Phang, A., & Suh, H. N. (2025). Group Mentoring for International Counseling Psychology Students: A Case Example. *The Counseling Psychologist*, 53(3), 439-468.

[Article Link](#)

[PODCAST LINK HERE](#)

Zhou, X., & Tuason, M. T. (2025). Indigenous healing movements in China and the Philippines: Possibilities and challenges for decolonial and liberation psychologies. *American Psychologist*, 80(4), 643-654.

[Link](#)

APA PsycNet®

SEARCH ▾ BROWSE ▾ Recent



APA PsycArticles: Journal Article

Indigenous healing movements in China and the Philippines: Possibilities and challenges for decolonial and liberation psychologies.

record title

©REQUEST PERMISSIONS

Zhou, X., & Tuason, M. T. (2025). Indigenous healing movements in China and the Philippines: Possibilities and challenges for decolonial and liberation psychologies. *American Psychologist*, 80(4), 643-654. <https://doi.org/10.1037/amp0001424>

Journal Information

SHARE YOUR THOUGHTS!



**IF YOU WANT TO CELEBRATE OR
SHARE YOUR HARD WORK, EXPERTISE
OR INITIATIVES,
FEEL FREE TO EMAIL US AT**

**SINU.LAM@MISSOURI.EDU
SSINGH289@WISC.EDU**

**WE WANT OUR NEWSLETTER TO BE A
SHARED COMMUNITY SPACE FOR
SUPPORT AND CELEBRATIONS**

**ANY IDEAS, SHAREOUTS, OR
FEEDBACK ARE WELCOMED**

@ICP.NEWSLETTER